



BHC's Harm Reduction Meeting

December 7, 2020, 11am

Exploration of Harm Reduction Program

Possibilities for South Jefferson County



Agenda

- Introductions
- What does a Rural Area Harm Reduction Program Look Like?
 - One Example: Mason County Program/Impacts
- Why Harm Reduction in South County Area?
 - What Does the Data Show?
 - Why Now, amid COVID?
 - RCORP-I Funding and Focus
 - You Tell Us: Area and Community's Negative Consequences of Drug Use?
- What in our Harm Reduction Toolbox could:
 - use more thought
 - be updated, or
 - be brought to the effort (Establish Baseline, Recovery Community Members, etc.)
- Brainstorm Next Steps



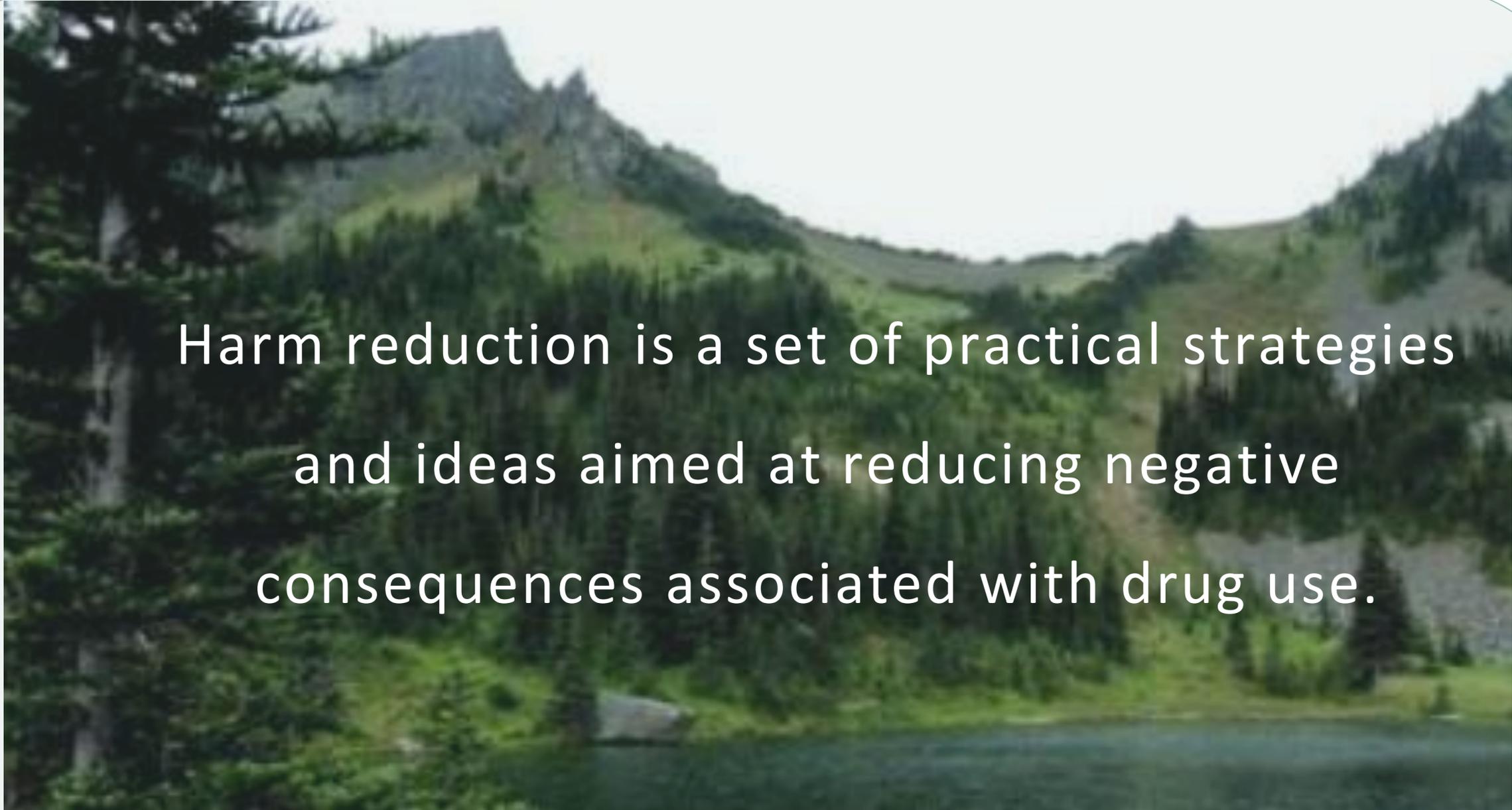
Harm Reduction

What does that mean?

What could it look like in a rural area?



What Is Harm Reduction?



Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use.



Harm Reduction Programs in a Rural Area?

- Stakeholder Meetings
- Overdose Prevention and Naloxone Distribution
- Building Trust in Rural Communities
- Service Connections



Christina Muller-Shinn, community health program assistant with Mason County Public Health, explains what services Mason County offers to those seeking treatment for substance abuse during Monday's North Mason Community Voice meeting at the HUB Center for Seniors in Belfair. She and coworker Abe Gardner reflected on how the county progressed the last two years in addressing the opioid epidemic. Herald photo by Dana Kampa





Why In South County

What does the data indicate?

Why now, in the midst of COVID?

What funding is available?

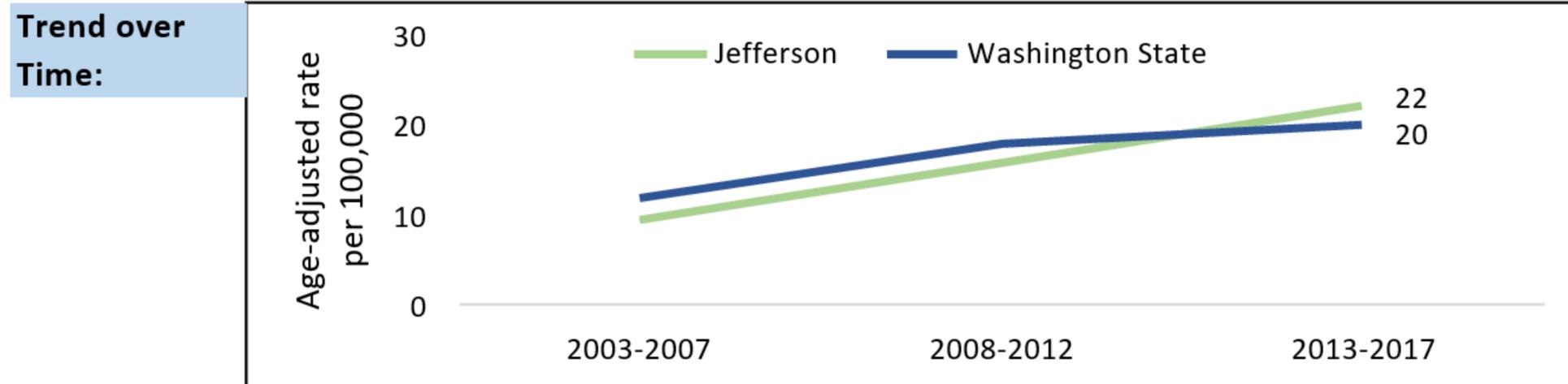
You tell us...



Data: Opioid Overdose Non-fatal Hospitalization Rate

The age-adjusted hospitalization rate per 100,000, where the primary and/or contributing causes were opioid-related

Age-Adjusted Rate per 100,000	Early years 2003-07	Recent years 2013-17	Statistical comparison of 2003-07 and 2013-17	
Jefferson County	10	22		n/a
Washington State	12	20		n/a
Statistical comparison: Jefferson vs. Washington:				
Average number of Jefferson residents per year:		8		





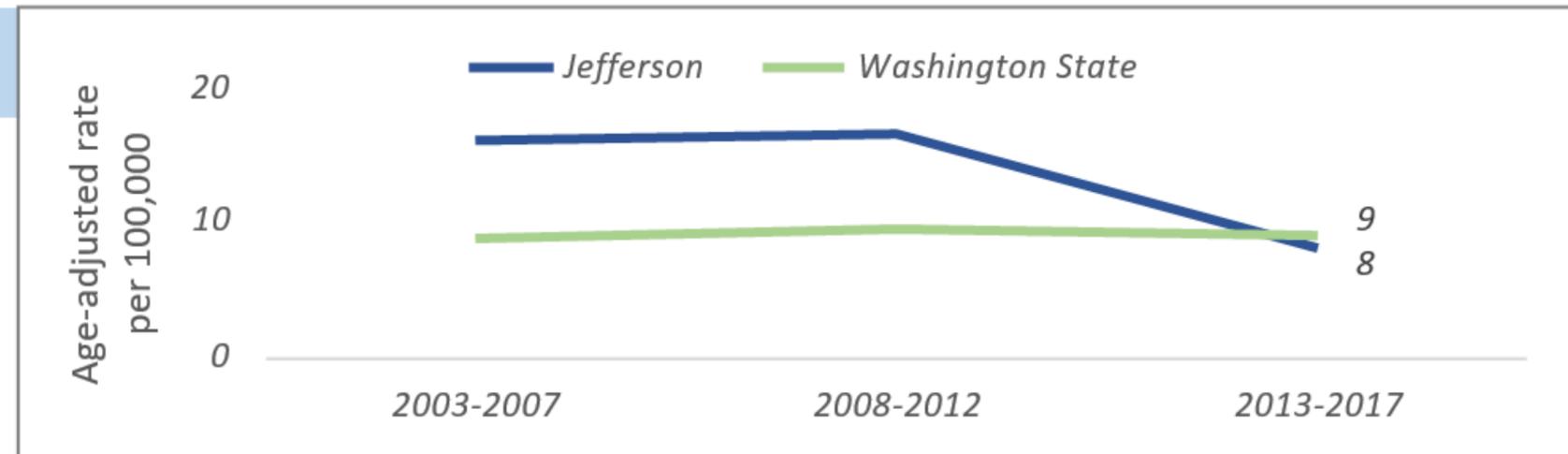
Data: Opioid Overdose Death Rate

The age-adjusted opioid overdose death rate per 100,000, where the primary and/or contributing causes were opioid-related

Age-Adjusted Rate per 100,000	Early years 2003-07	Recent years 2013-17	Statistical comparison of 2003-07 and 2013-17
Jefferson County	16	8	n/a
Washington State	9	9	n/a
Statistical comparison: Jefferson vs. Washington:			
Average number of Jefferson residents per year:		3	

Opioid overdose death rate continued:

Trend over Time:





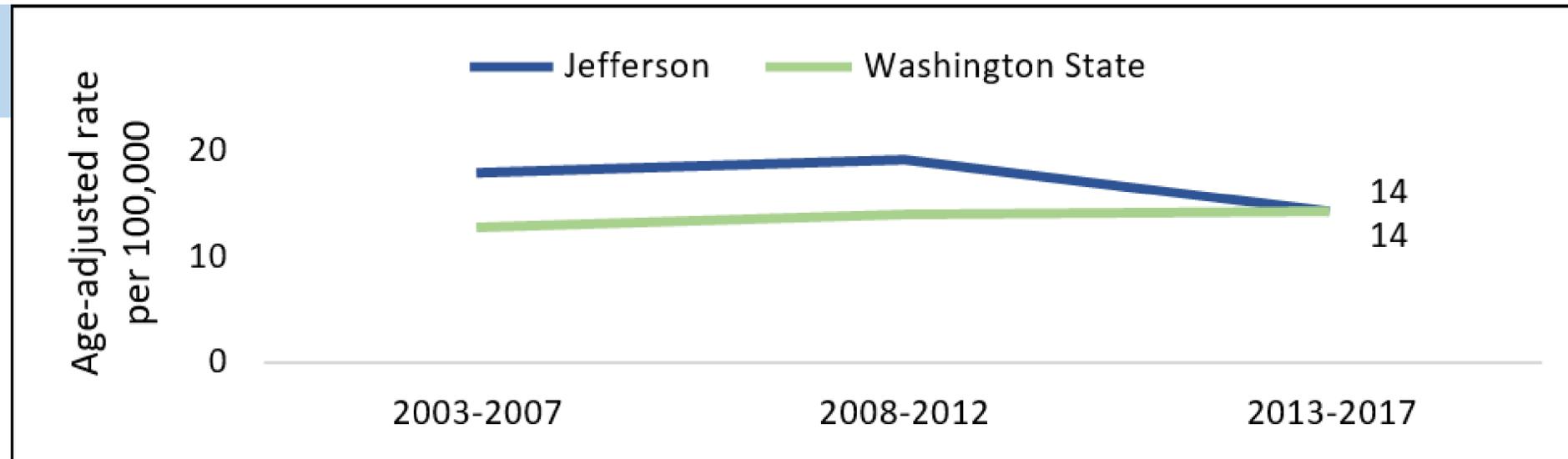
Data: Drug Overdose Death Rate (All Drugs)

The age-adjusted drug overdose death rate per 100,000, where the primary and/or contributing causes were drug-related

Age-Adjusted Rate per 100,000	Early years 2003-07	Recent years 2013-17	Statistical comparison of 2003-07 and 2013-17
Jefferson County	18	14	n/a
Washington State	13	14	n/a
Statistical comparison: Jefferson vs. Washington:			
Average number of Jefferson residents per year:		5	
Percent of total deaths:		1%	

Drug overdose death rate continued:

Trend over Time:



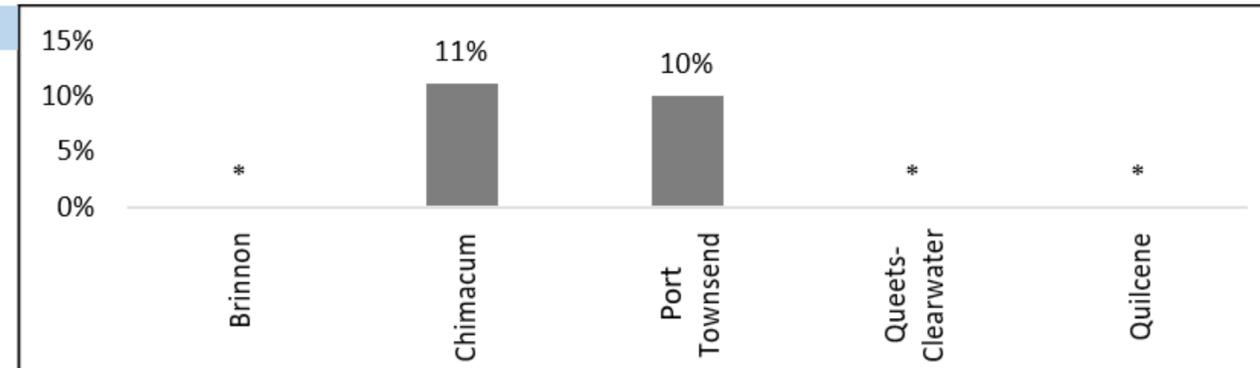


Data: Alcohol or Drug Related Deaths as a Total of All Deaths

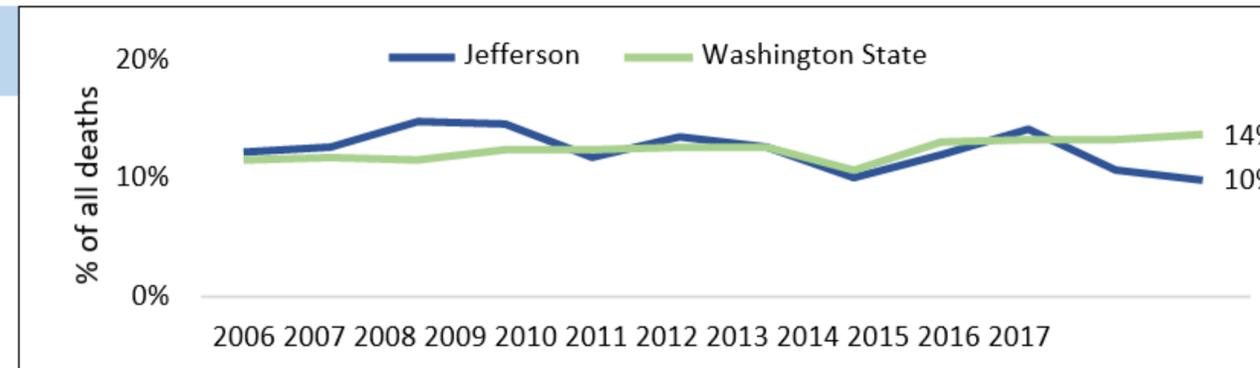
Deaths with alcohol- or drug-related causes per 100 deaths, including all contributory causes of death for direct and indirect associations with alcohol and drug abuse.

Percentage	Early year		Recent year	Statistical trend since 2006	
	2006	2012			
Jefferson County	12%	13%	10%		n/a
Washington State	12%	13%	14%		Annual change: 1%
Statistical comparison: Jefferson vs. Washington:					
Estimated number of Jefferson deaths:			37		

Sub-Groups:
 Jefferson
 2013-17
 * = data
 unreliable



Trend over Time:

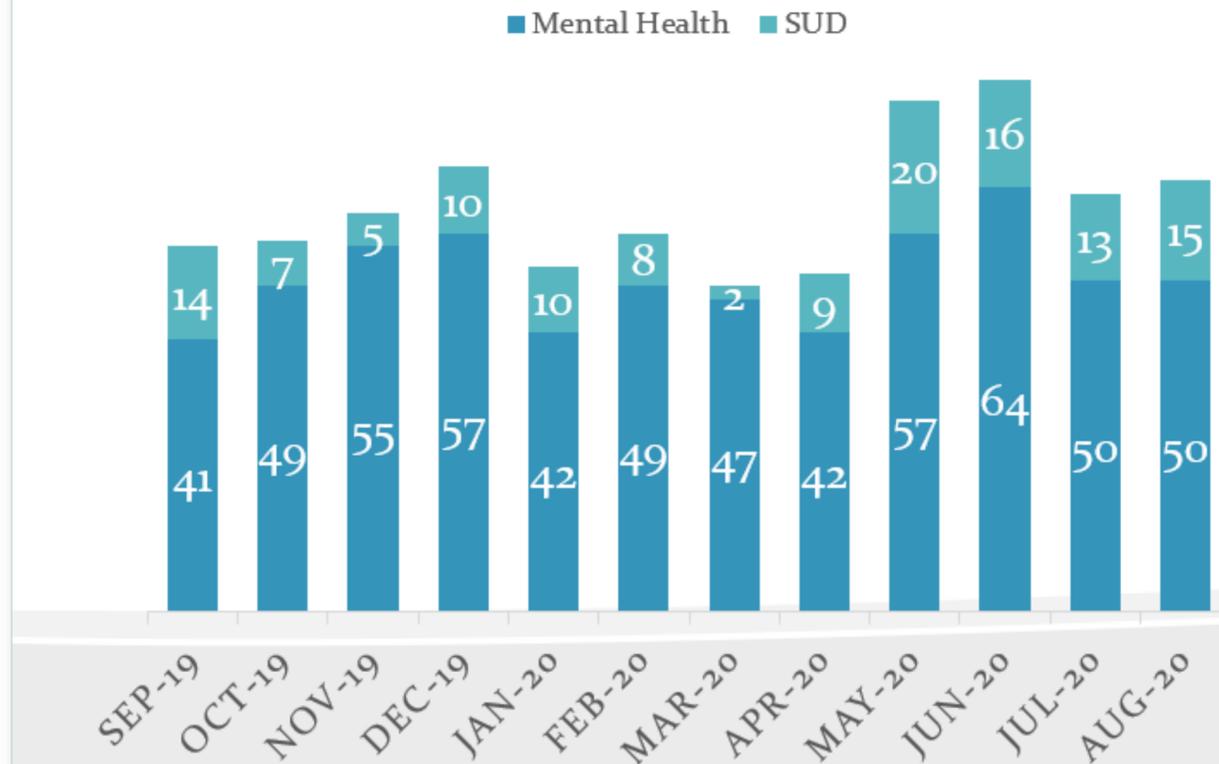




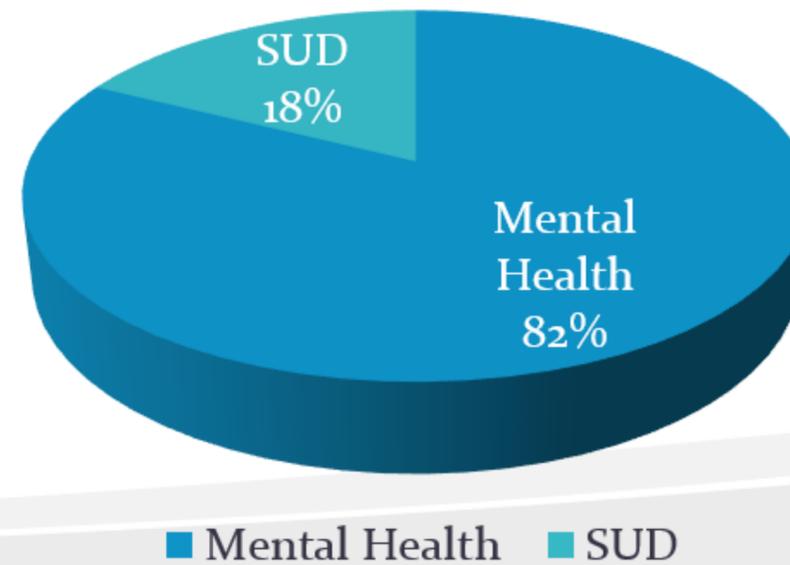
Why Now, During COVID?

Jefferson Healthcare had a total of 732 Behavioral Health ER visits in the most recent 12-month period (through 8/2020). 82% of those were mental health related. May and June of 2020 had the highest volumes.

Jefferson Healthcare BH Emergency Arrivals by Month



Jefferson Healthcare BH Emergency Arrivals September 2019 - August 2020





Funding: RCORP-Implementation Grant

F O C U S

Improve access to behavioral health services throughout Jefferson County

Jefferson County's

Behavioral Health Consortium Members

Alcohol & Drug Abuse Institute

Believe In Recovery / Gateway to Freedom

Discovery Behavioral Healthcare

East Jefferson Fire Rescue

Jefferson County Prosecutor's Office

Jefferson County Public Health

Jefferson County Sheriff's Office

Jefferson Healthcare

Port Townsend Police Department

Recovery Cafe

Safe Harbor / Beacon of Hope

Ad Hoc and Alternate Members: Denise Banker, JCPH Prevention; Dave Fortino, Jail Superintendent; Pete Brummel, EJFR; Patrick Johnson, NAMI; Jud Haynes, PTPD Navigator; Adam York, JHC Data; Darcy Fogarty, Recovery Community; , Anna McEnery, JCPH, BH Coordinator; Matt Ready, Hospital Commissioner; Greg Brotherton, County Commissioner; Jolene Kron, Salish Behavioral Health-Administration Services; Apple Martine, JCPH Community Health Director

Prevention

Treatment

Recovery



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Grant-Required Core Activities



Prevention

P.1

Linguistic / Cultural Efforts to Reduce Stigma

P.2

Increase Naloxone Access and Training

P.3

Support Drug Take Back Programs

P.4

Support School Community Prevention Programs

P.5

Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support

Treatment

T.1

Screen/Provide/Refer Patients with infectious implications

T.2

Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers

T.3

Increase # of providers and social service professionals who treat/identify SUD/OD through professional development and recruiting incentives

T.4

Reduce Treatment Barriers

T.5

Strengthen collaboration with law enforcement and first responders to enhance response and emergency treatment to those with SUD/OD.

T.6

Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability

T.7

Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community based services and social supports

Recovery

P.1

Enhance discharge coordination from inpatient treatment facilities and/or criminal justice system – linkages to home and community-based services, social supports.

P.2

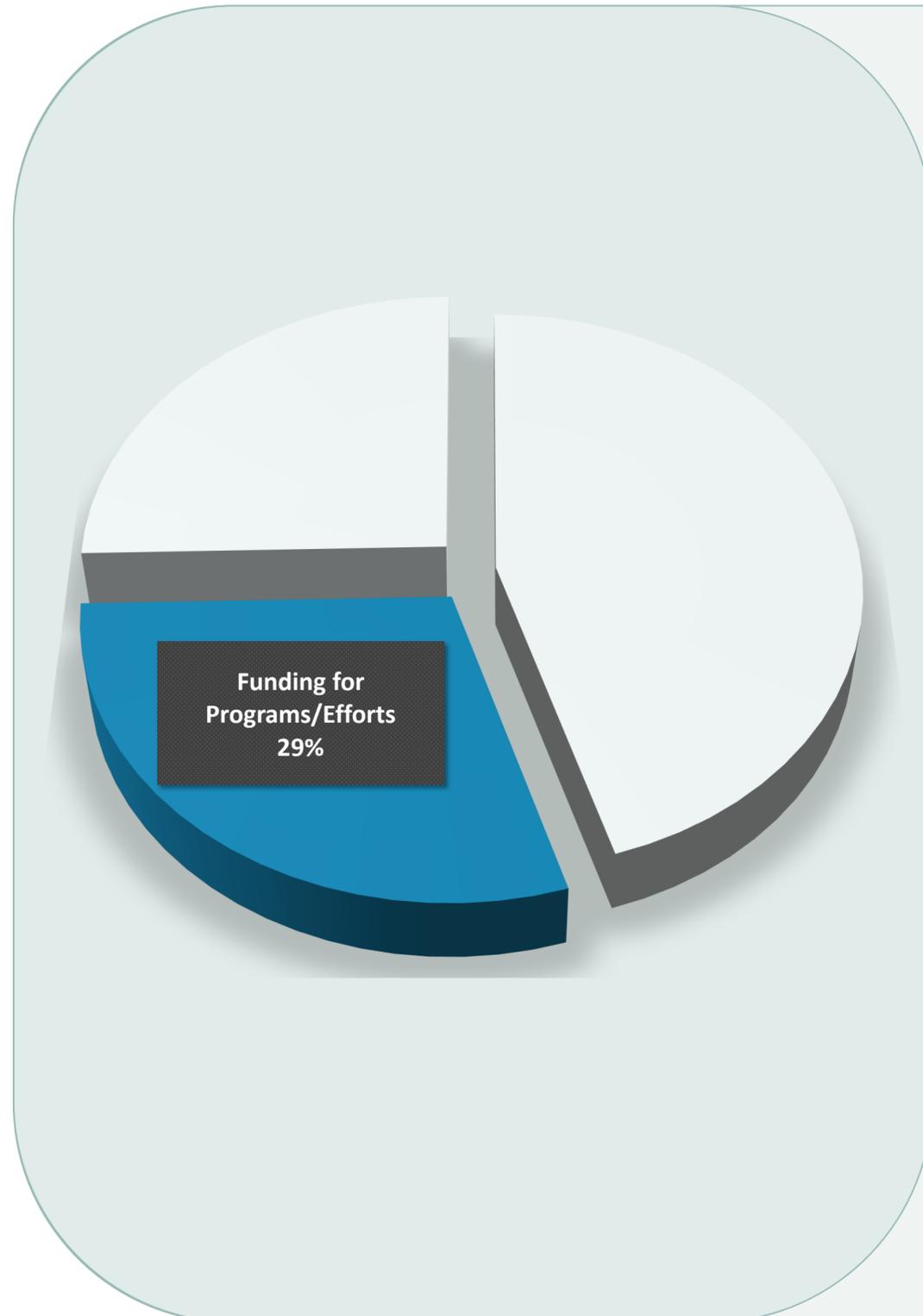
Expand peer workforce and programming as interventionists in various settings including hospitals, emergency departments, law enforcement departments, jails, SUD/OD treatment programs, and in the community.

P.3

Support development of recovery communities, recovery coaches, and recovery community organizations to expand the availability of and access to recovery support services



RCORP-Implementation Fund Allocation



Prevention and Recovery

> \$105k over three years to Recovery Cafe

Assist BHC to meet grant's requirements to provide an environment conducive to recovery, provide Recovery Peer support and oversee the development of a peer network

Treatment

> \$48k over three years to Harm Reduction and

and Wraparound Services in South Jefferson County

- Treatment

Assist BHC to meet grant requirements to provide access to services and increased connection to those impacted by SUD/OD in hard-to-reach rural areas

Intersection of Prevention, Treatment, and Recovery

> \$30k over three years to HFPD to determine feasibility of a Crisis Stabilization Facility

> \$45k over three years for Communication, Education an Integration Plan and execution to address stigma associated with addiction and mental illness



Tell Us ...

Are there negative consequences experienced, as a result of drug use, in South County's area and community?





What's In Our Tool Box?

What could use more thought?

What could be updated?

What could be brought to the effort?



Next Steps?

We will...



We appreciate your support for CHIP's work

We look forward to collaborating together on this work - and invite your feedback on today's session.





Thank You