



BHC Meeting

January 13, 2021, 3pm

The BHC is funded by HRSA's RCORP-Implementation Grant
through September 2023



Agenda – 01/13/22 BHC Meeting

- **Introductions – 10 Minutes**
- **Pfeiffer House’s Funding Application Approval – 5 minutes**
- **Case Study: Harm Reduction Reflection – 15 minutes**
 - Anya Callahan, Community Member; Denise Banker, JCPH
- **Updates to JeffCo BH Data from 3/01/21 – 8/31/21 – 20 Minutes**
 - Lisa Grundl and Aimee Dubbs, HFPD
- **SBH-ASO Update: Upcoming Programs – 10 minutes**
 - Jolene Kron, SBH-ASO
- **See Resource and Reminder Share slides**
- **Next Meeting: February 10th , 3pm – Zoom**
 - BH Funding/REAL Program Updates
 - Next Steps to address the challenge of MH/SUD-related Stigma in Jefferson County
 - Potential: Chief Olson – PTPD



BHC Voting Results - Pfeiffer House Project

BHC MOU Member Votes

Member	Yes	No	Abstained
ADAI	X		
Believe In Recovery			OWL 360 Board Member
DBH	X		
EJFR	X		
JCPH	X		
JHC	X		
JSCO	X		
OlyCAP			Existing OWL 360 Partnership
Port Townsend Police Dept.			No vote submitted
Prosecutor's Office	X		
Safe Harbor			No vote submitted

7 Yes Votes / 2 abstentions / 2 non-votes

Pfeiffer House Project for BHC Approval

OWL 360, a non-profit entity created to address the issue of housing and supportive services to Jefferson County youth and young adults, requested \$47,000 in RCORP-I grant funds to be allocated for use between now and August 31, 2023, for the Pfeiffer House Sustainable Living Project as they serve young adults who lack consistent family or other supports to ensure they connect with age-appropriate prevention and intervention services.



Pfeiffer House - Sustainable Living Project
 910 Lawrence St. Port Townsend
 Kelli Dillingham Parcher | 360-301-3551

[Review Pfeiffer House Presentation and Overview, presented to BHC at August 2021 meeting.](#)

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[Link to Funding Application PDF](#)



Case Study

Harm Reduction Reflection

Anya Callahan, Community Member and Denise Banker, JCPH



Case Study: Harm Reduction Reflection Opportunity

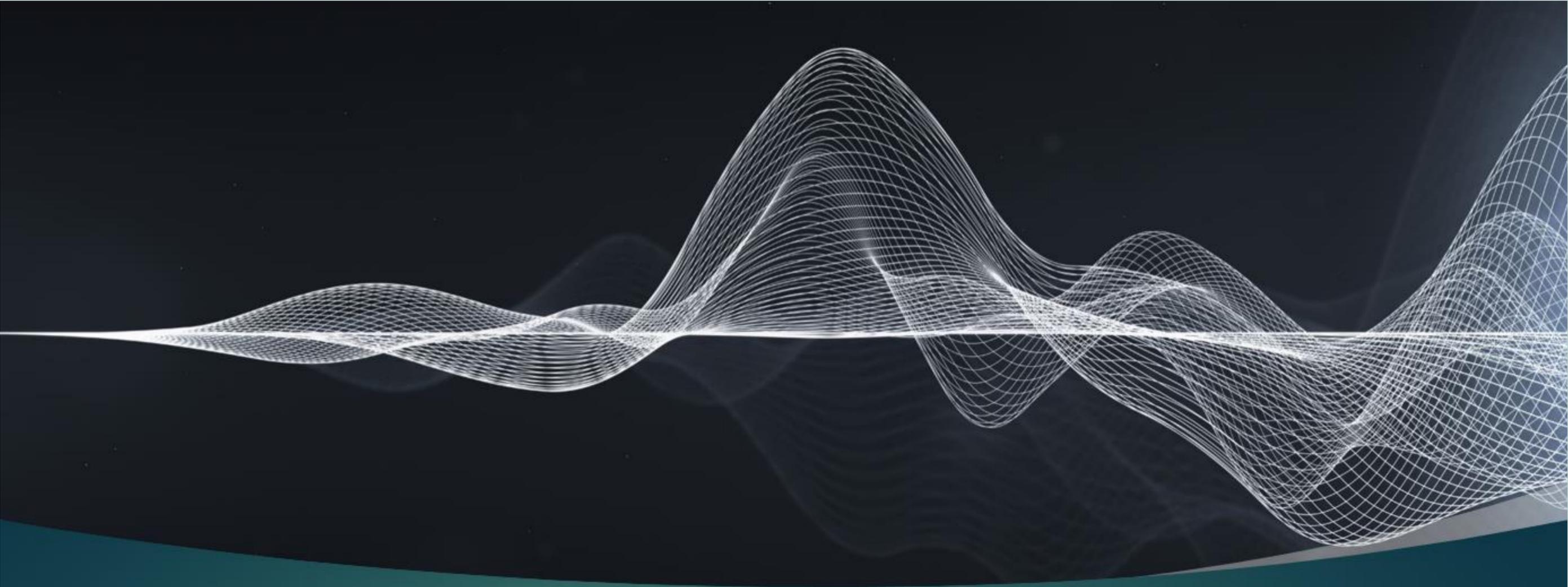
- Share what occurred from each perspective
- Explore the initial impact - and what happened next
- What do the BHC participants perceive was done well by each party in this situation?
- Are there opportunities to apply these new insights in our own organizations?
- How can we take action to make that happen?
- Why is it important to do?



County Behavioral Health Data

Lisa Grundl and Aimee Dubbs, HFPPD

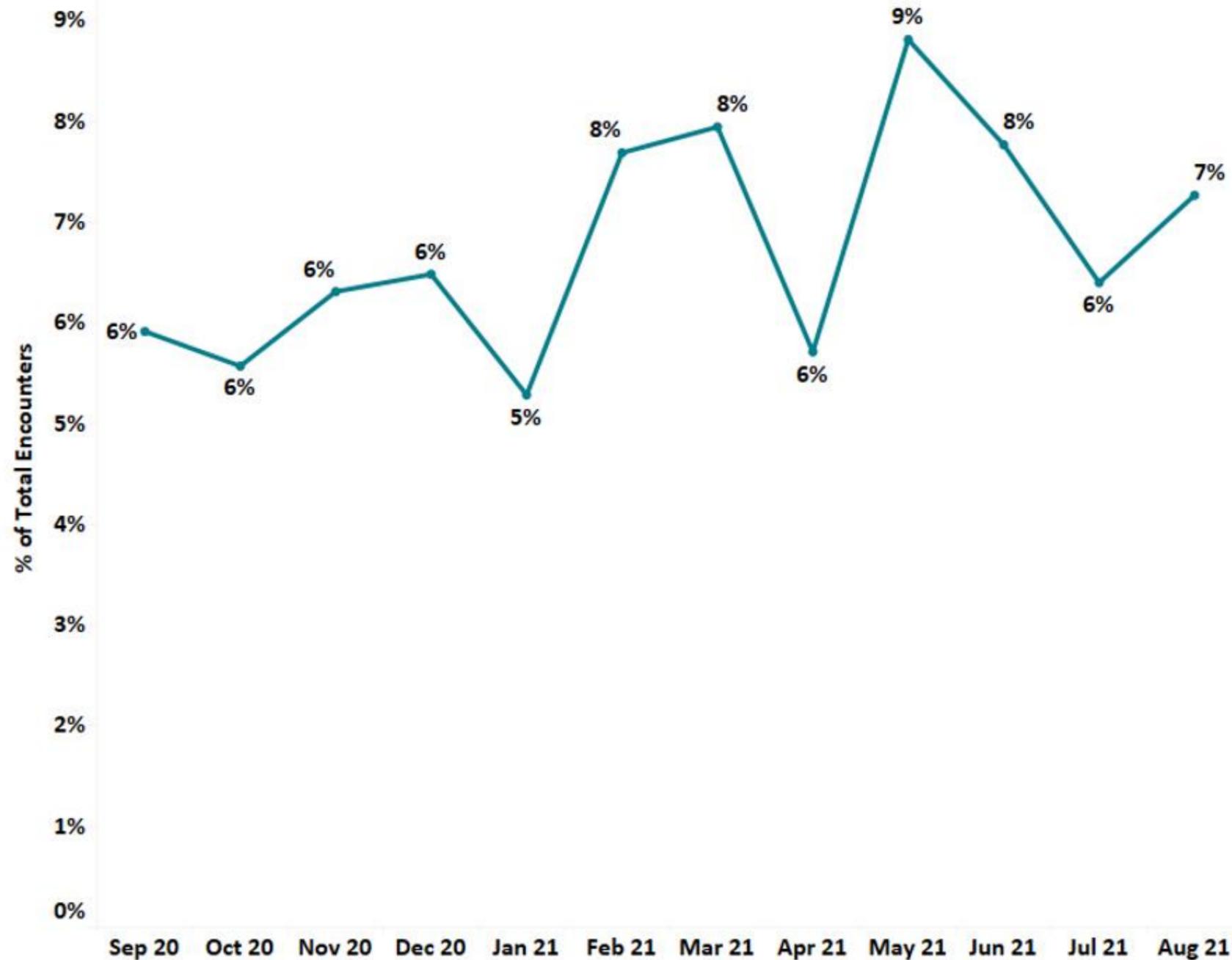
Time Period: **Updated Data** covering March through August, 2021



Jefferson County BHC Data September 2020 - August 2021 – Update



Port Townsend Police Department Behavioral Health Encounters as % of Total Encounters
September 2020 - August 2021



2

Between 5% and 9% of Port Townsend Police Department encounters are related to Behavioral Health.

- The percentage of calls related to Behavioral Health were lowest in January and has increased over the past few months.

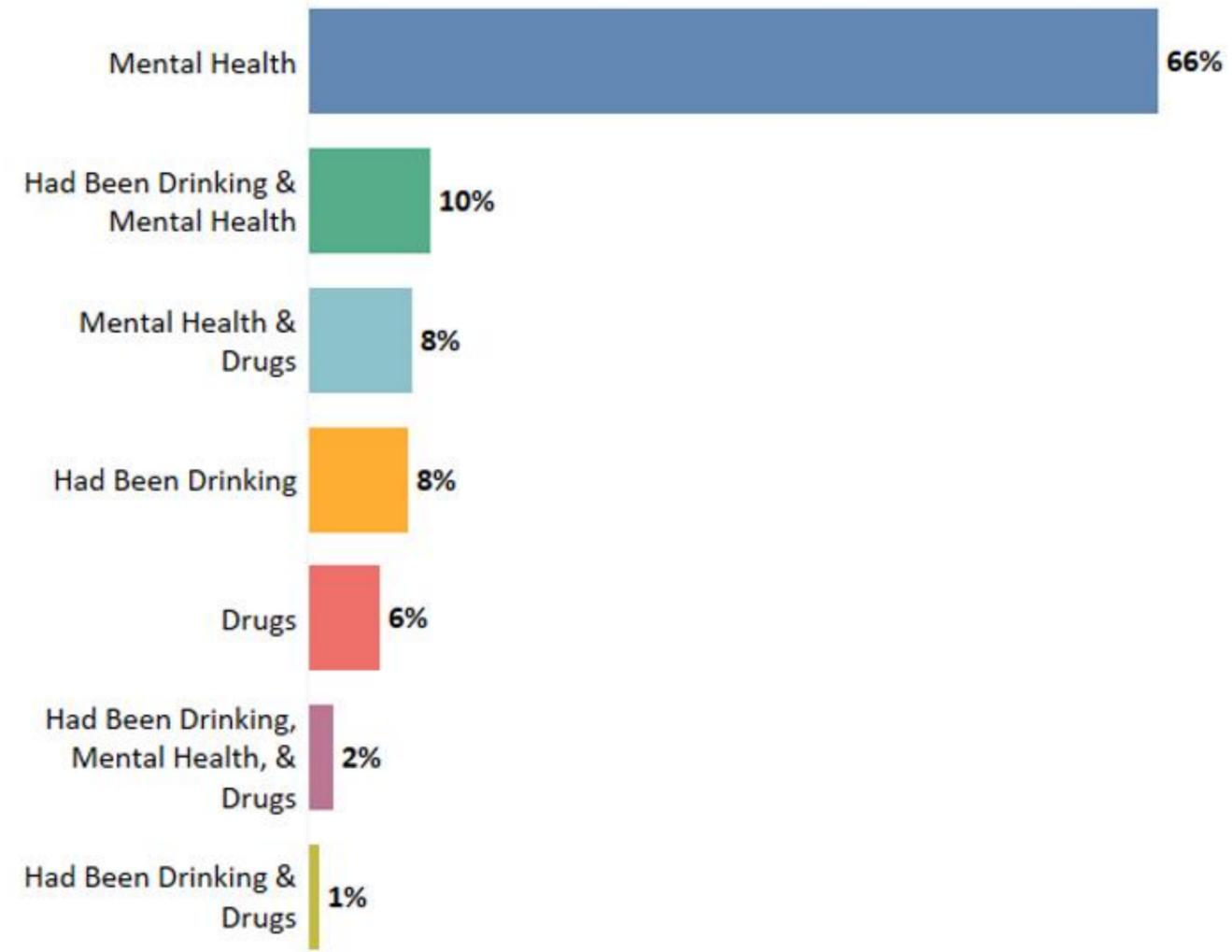


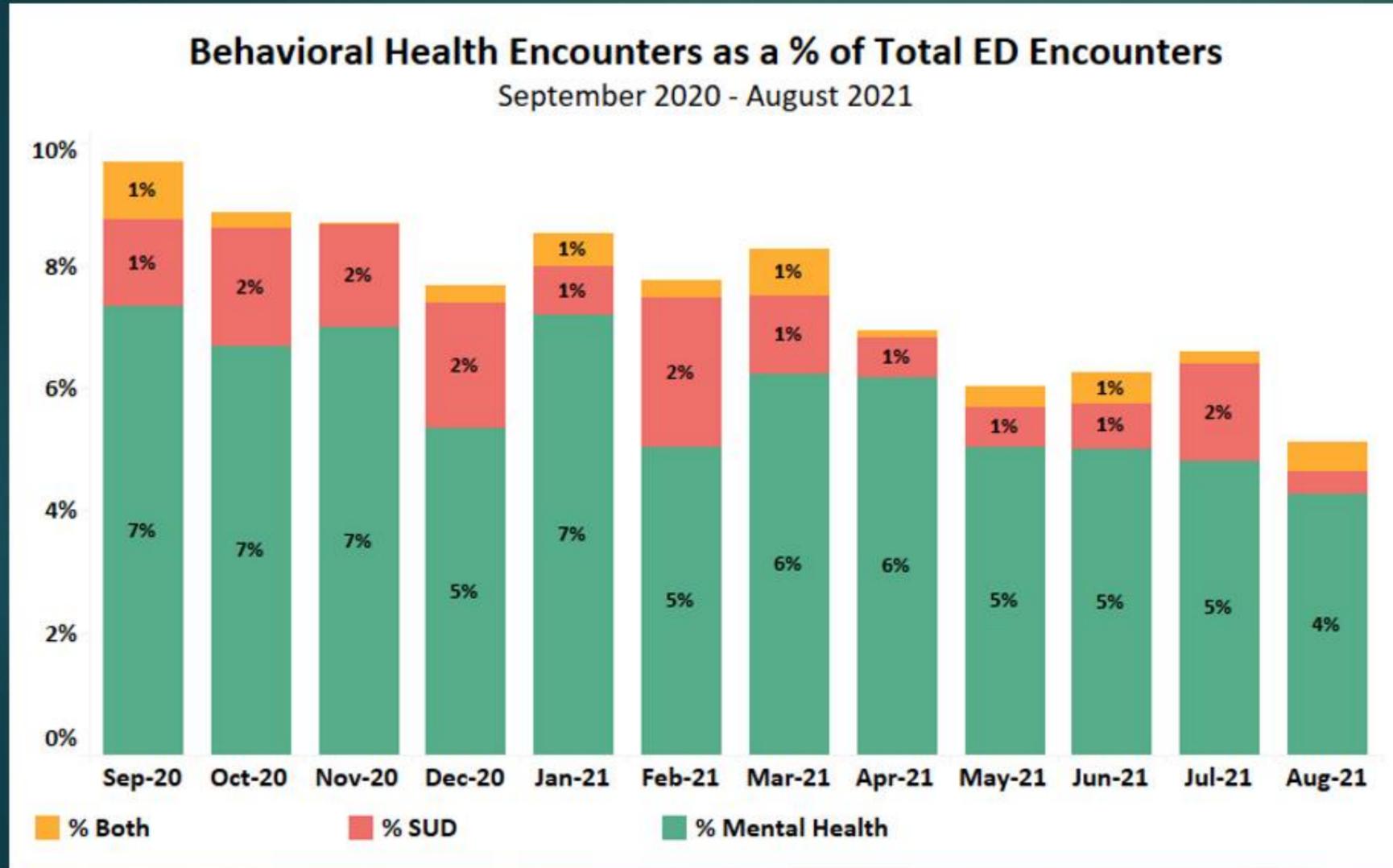
- ▶ 85.6% of the behavioral health incidents include a mental health component
 - ▶ Of that, 12% include alcohol and 9% include drugs
- ▶ 21% include alcohol
- ▶ 16% include drugs

Port Townsend Police Department Behavioral Health Incidents

September 2020 - August 2021

3





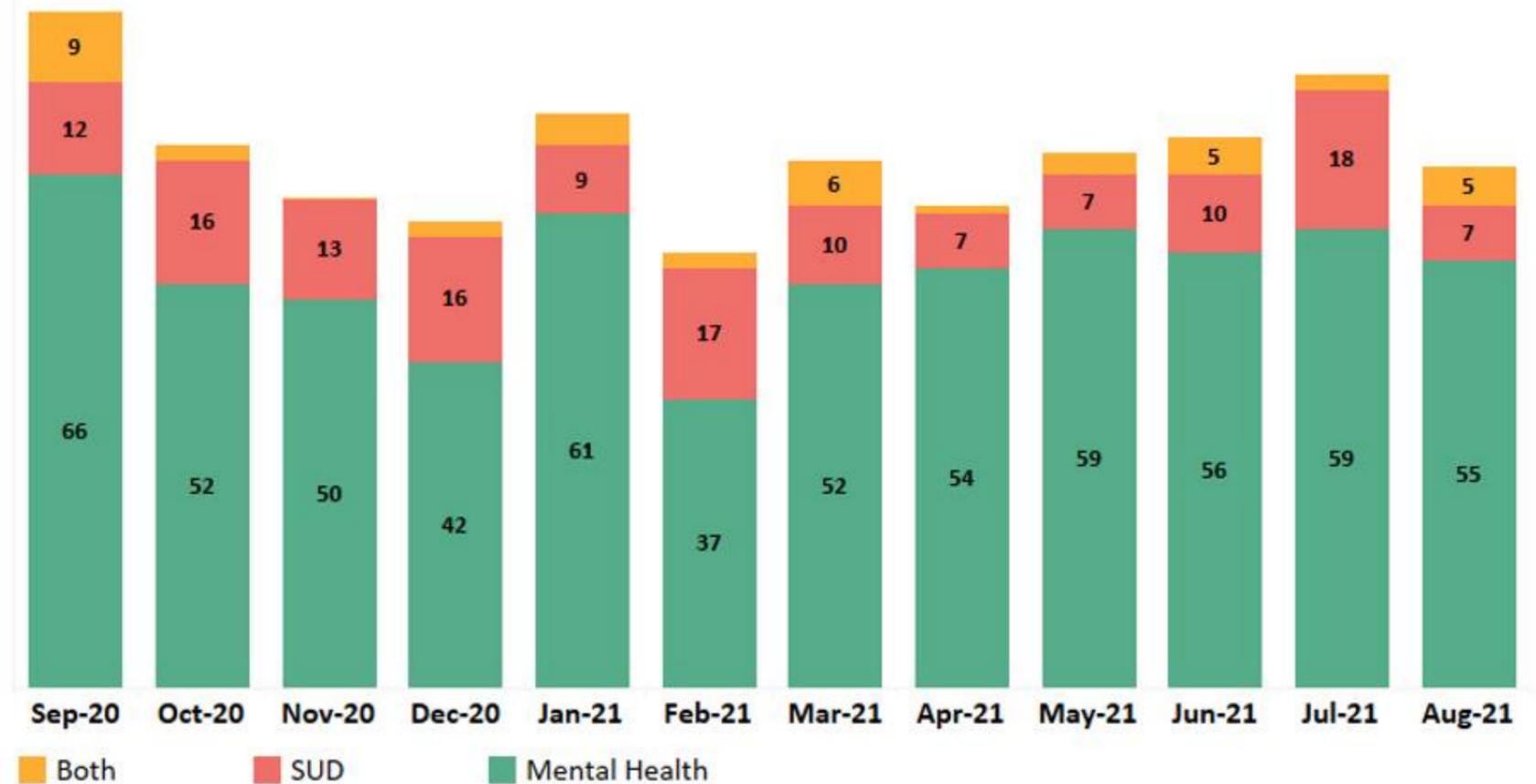
- ▶ Less than 10% of all Emergency Department encounters at Jefferson Healthcare are related to Behavioral Health.
- ▶ Between September 2020 and August 2021, the percentage of total encounters related to behavioral health decreased.



- ▶ More than 80% of Jefferson Healthcare's behavioral health related emergency and primary care visits are related to mental health.
- ▶ While encounters have been relatively stable over the past year, September 2020 and July 2021 represented the largest number of month encounters at 78 and 77, respectively.

Emergency Department and Primary Care Behavioral Health Encounters

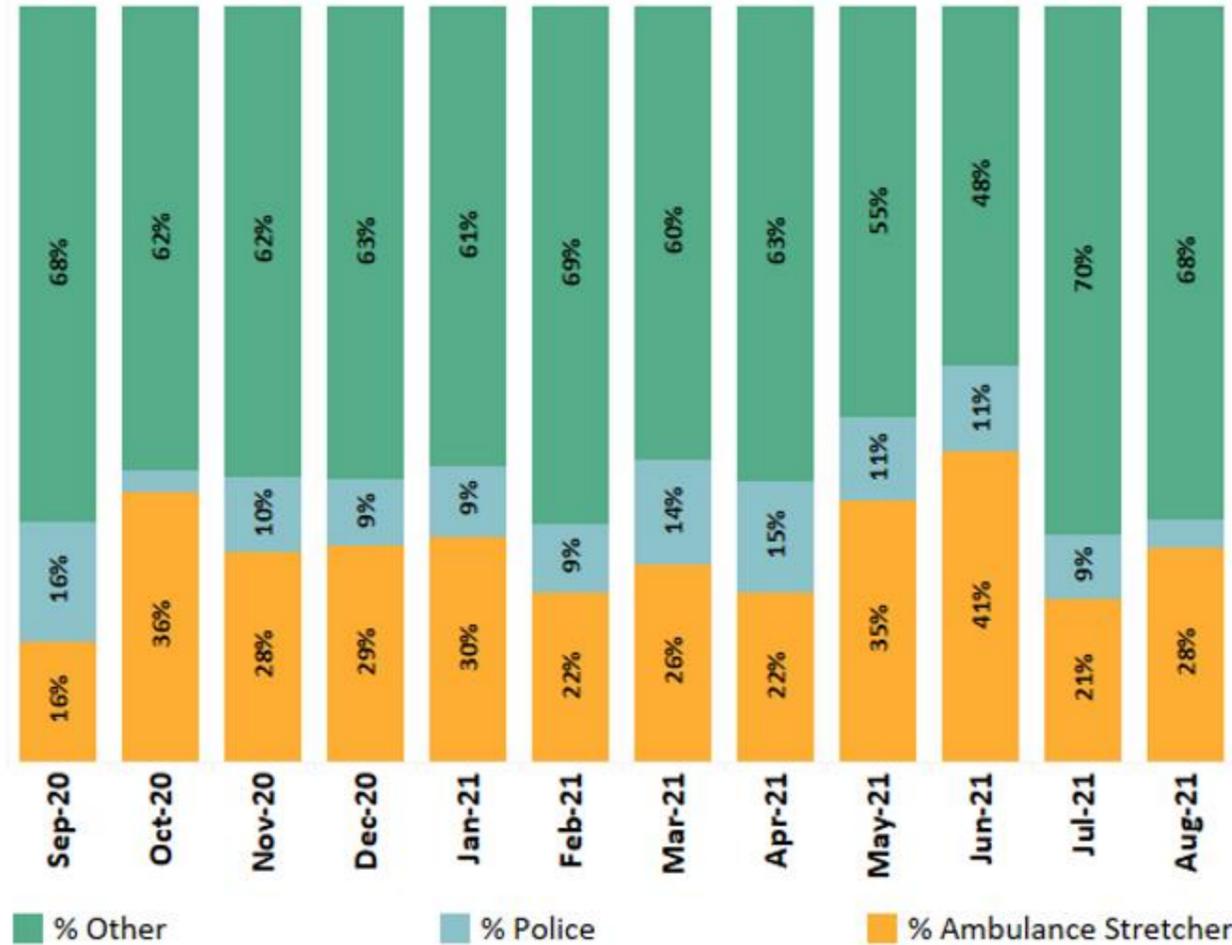
September 2020 - August 2021





Arrival Method of Behavioral Health Encounters

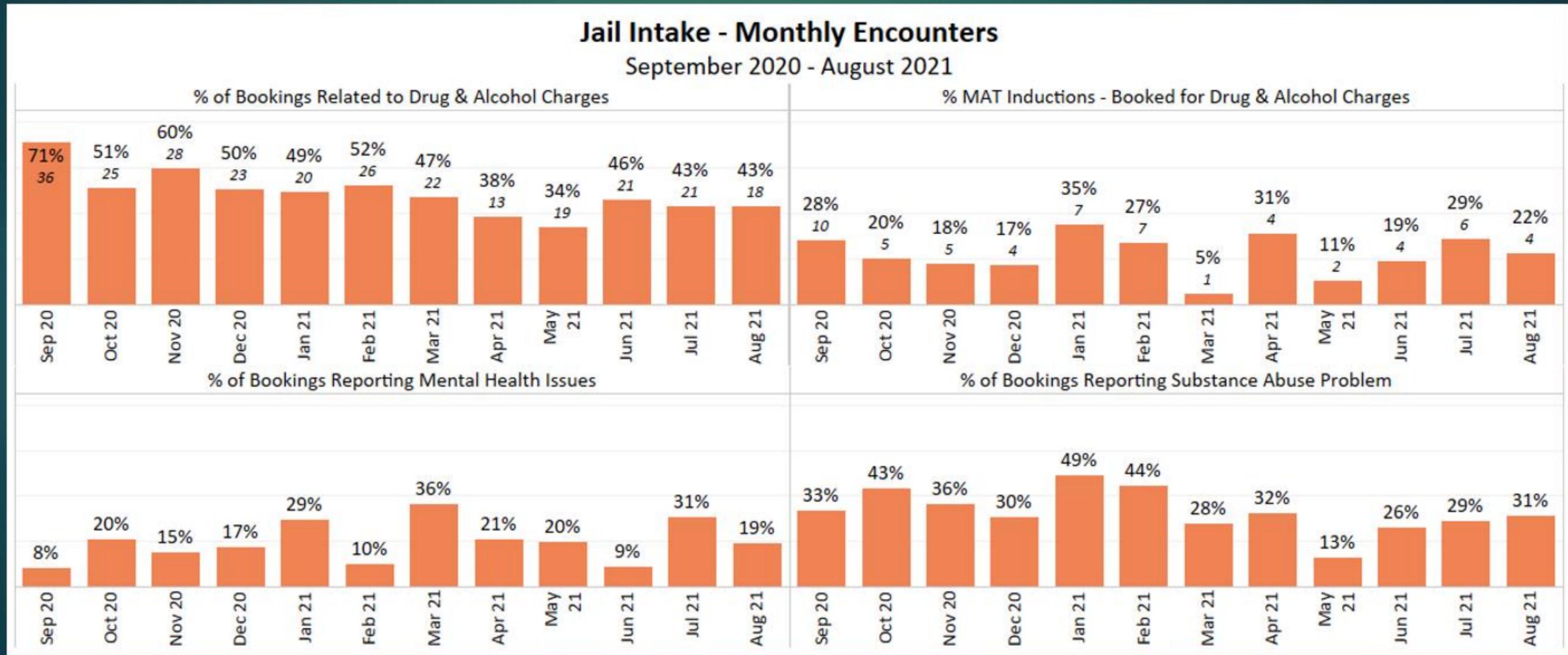
September 2020 - August 2021



Most behavioral health patients arriving at the Emergency Department do not arrive by police or ambulance.



Approximately 71% of bookings in September of 2020 were related to drug and alcohol charges, compared to 43% in August of 2021. Jefferson County Jail data indicates the percentage of total bookings related to drug and alcohol charges has decreased in recent months. Self reporting of mental health and substance abuse had significant variation by month, with more individuals self reporting substance abuse than mental health issues overall.





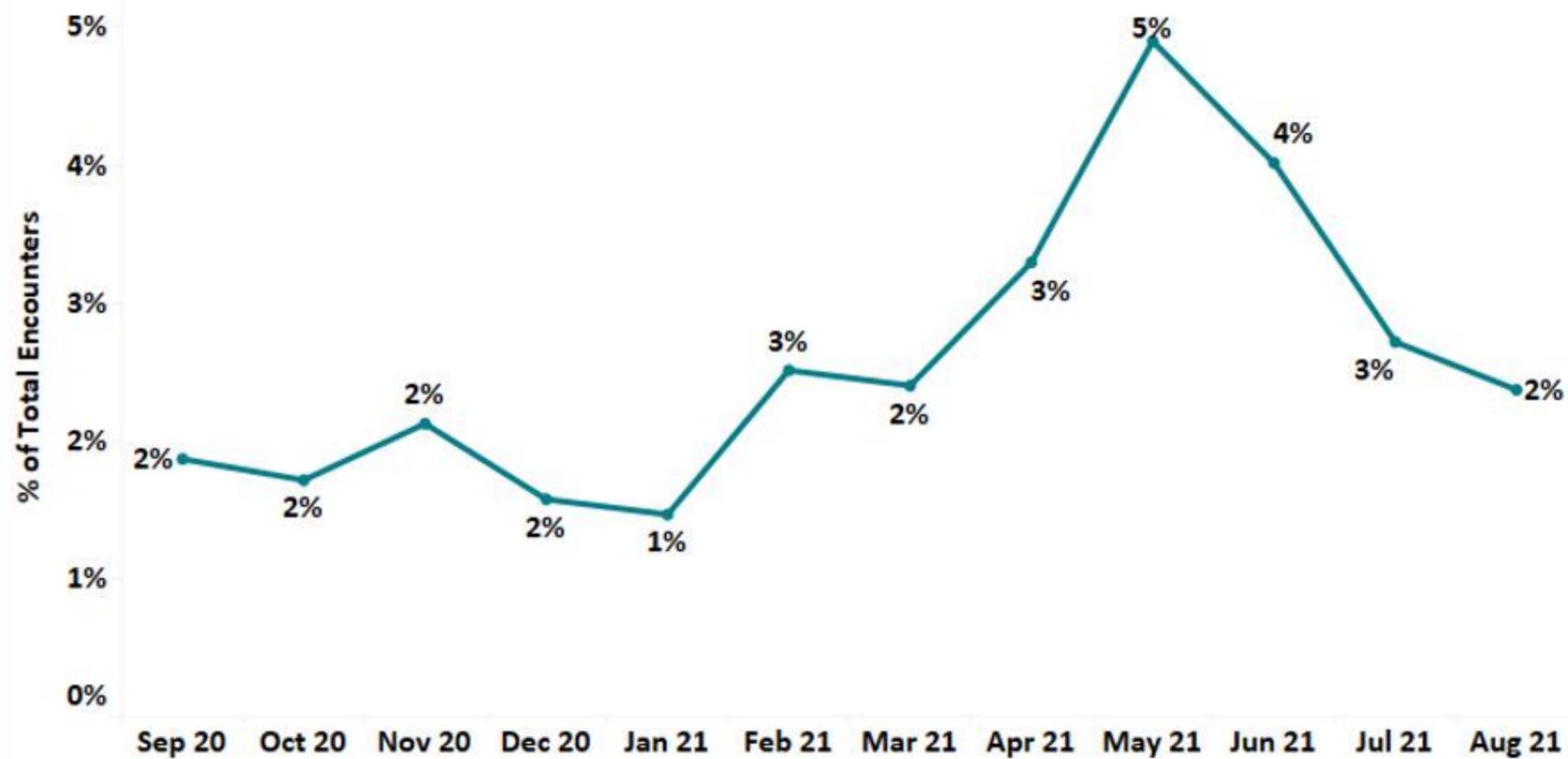
Jail Intake - Monthly Encounters September 2020 - August 2021

	Report Substance Abuse Problem	Reported Mental Health Issue	Reported Suicidal Thoughts	Booked on Drug & Alcohol Charges	MAT Inductions
September 2020	17	4	1	36	10
October 2020	21	10	1	25	5
November 2020	17	7	0	28	5
December 2020	14	8	0	23	4
January 2021	20	12	0	20	7
February 2021	22	5	1	26	7
March 2021	13	17	1	22	1
April 2021	11	7	0	13	4
May 2021	7	11	0	19	2
June 2021	12	4	1	21	4
July 2021	14	15	0	21	6
August 2021	13	8	0	18	4
Average Monthly Encounters	15.1	9.0	0.4	22.7	4.9



Jefferson County Sheriff's Office Behavioral Health Encounters as % of Total Encounters

September 2020 - August 2021

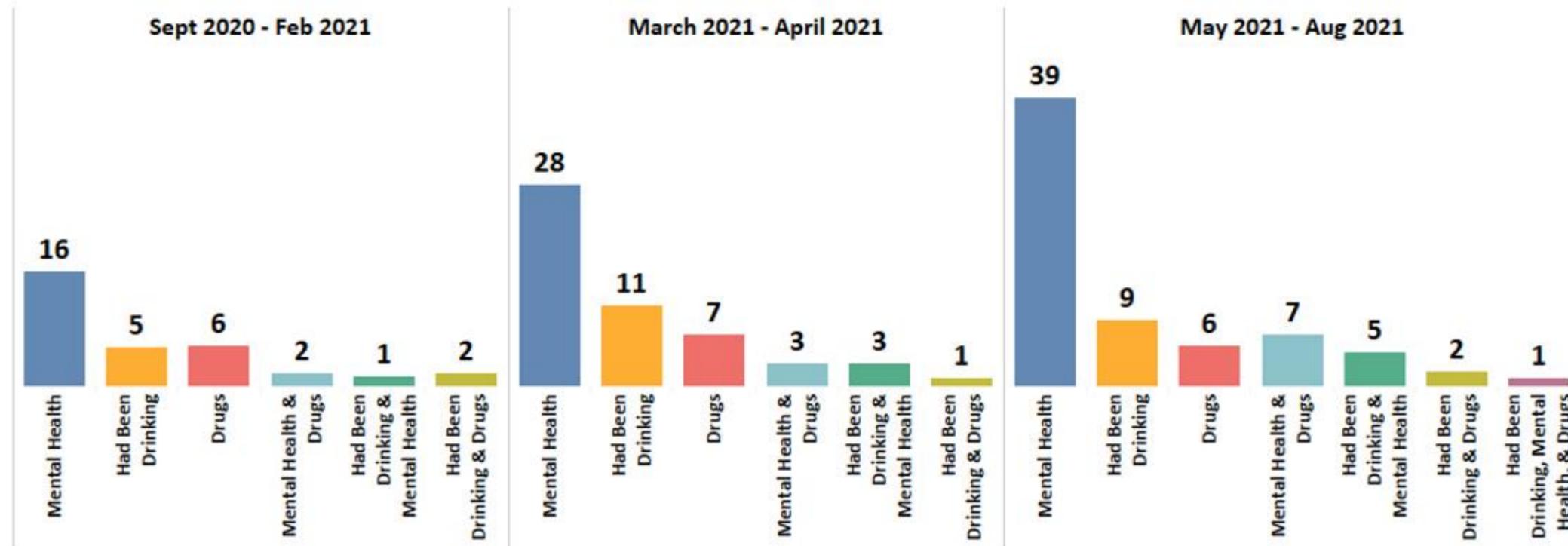


Between 1% and 5% of JCISO encounters are related to Behavioral Health.

- The percentage of total calls peaked at 5% in May and decreased between June and August.



Jefferson County Sheriff's Office Average Behavioral Health Related Calls per Month September 2020 - August 2021

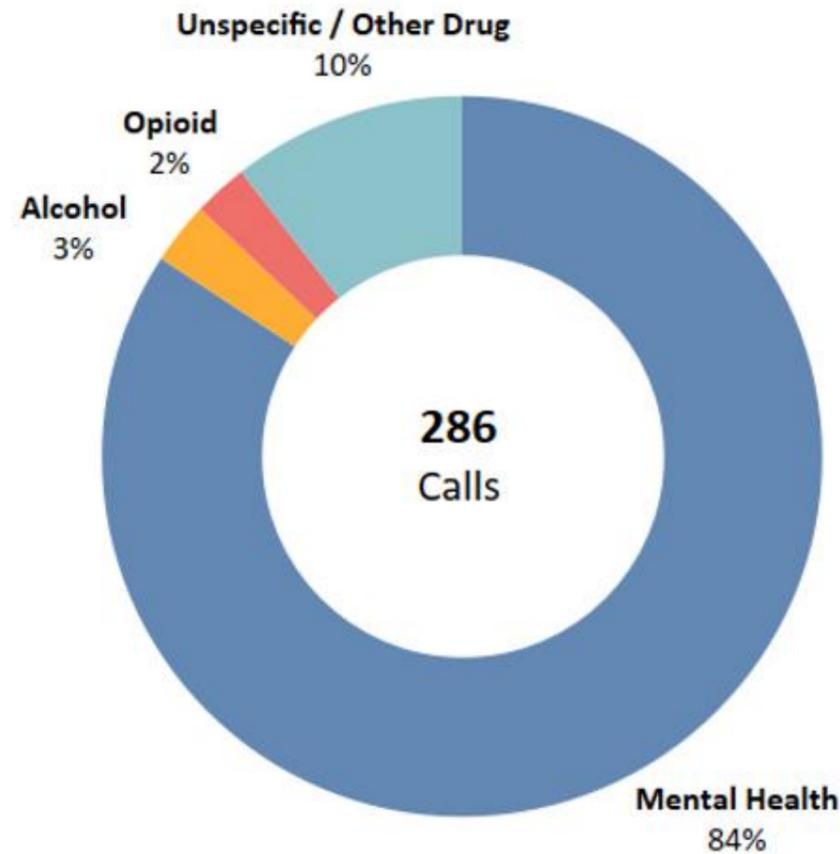


Average monthly behavioral health related calls increased significantly between the comparison period (March and April 2021 compared to May 2021 – August 2021). Calls for issues related including mental health increased by more than 50% per month.



Between 5% and 9% of East Jefferson Fire & Rescue's total calls each month are related to behavioral health. More than 80% of these behavioral health related calls are identified as being related to mental health. On average there are 20 mental health calls per month.

East Jefferson Fire & Rescue Behavioral Health Related Calls
September 2020 - August 2021



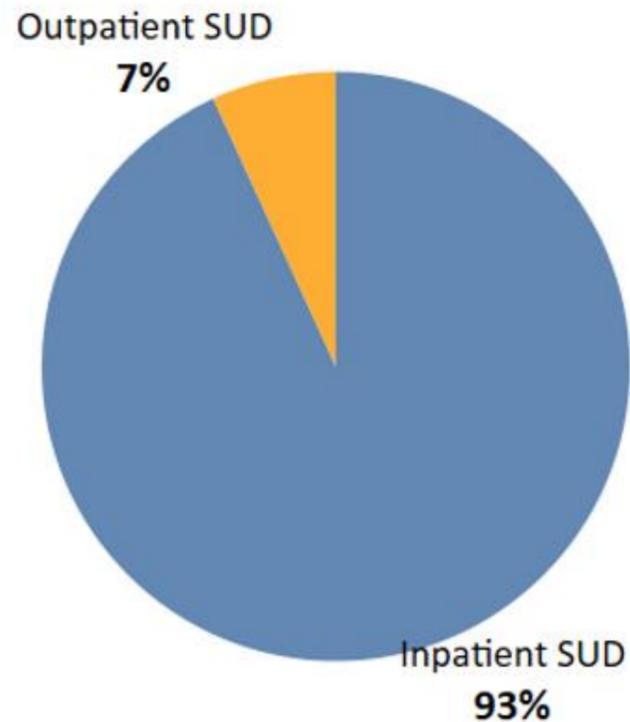
	Mental Health	Alcohol	Opioid	Unspecific / Other Drug	% of Total
Sep-20	26		1	1	7.8%
Oct-20	26			5	8.6%
Nov-20	19	1	1	2	6.8%
Dec-20	16	1		2	5.6%
Jan-21	21	4			7.4%
Feb-21	17		1	4	5.6%
Mar-21	19	1		4	7.8%
Apr-21	15		1		4.6%
May-21	20		1	3	7.6%
Jun-21	23			6	8.1%
Jul-21	19		1	3	4.8%
Aug-21	20	1	1		5.1%
Average Monthly Volume	20.1	0.7	0.6	2.5	



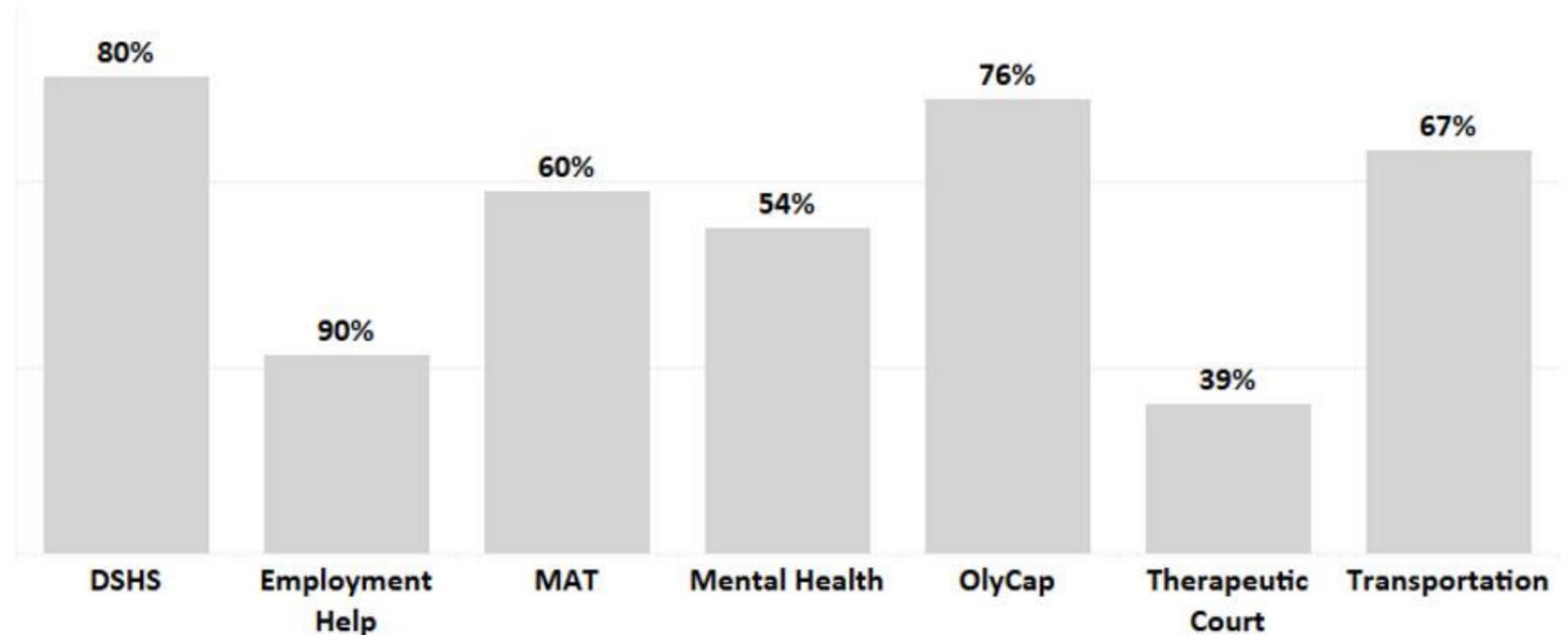
More than 90% of Gateway to Freedom Jefferson County Jail inmate assessments result in recommendations for inpatient SUD treatment. 60% of assessments also result in a referral to MAT and 54% to mental health services. Importantly, the vast majority also need assistance with transportation and other social determinants of health (housing, employment, etc.)

Gateway to Freedom / Jefferson County Jail Inmate Assessment September 2020 - August 2021

Inmate Assessment Recommendations



Inmate Referrals

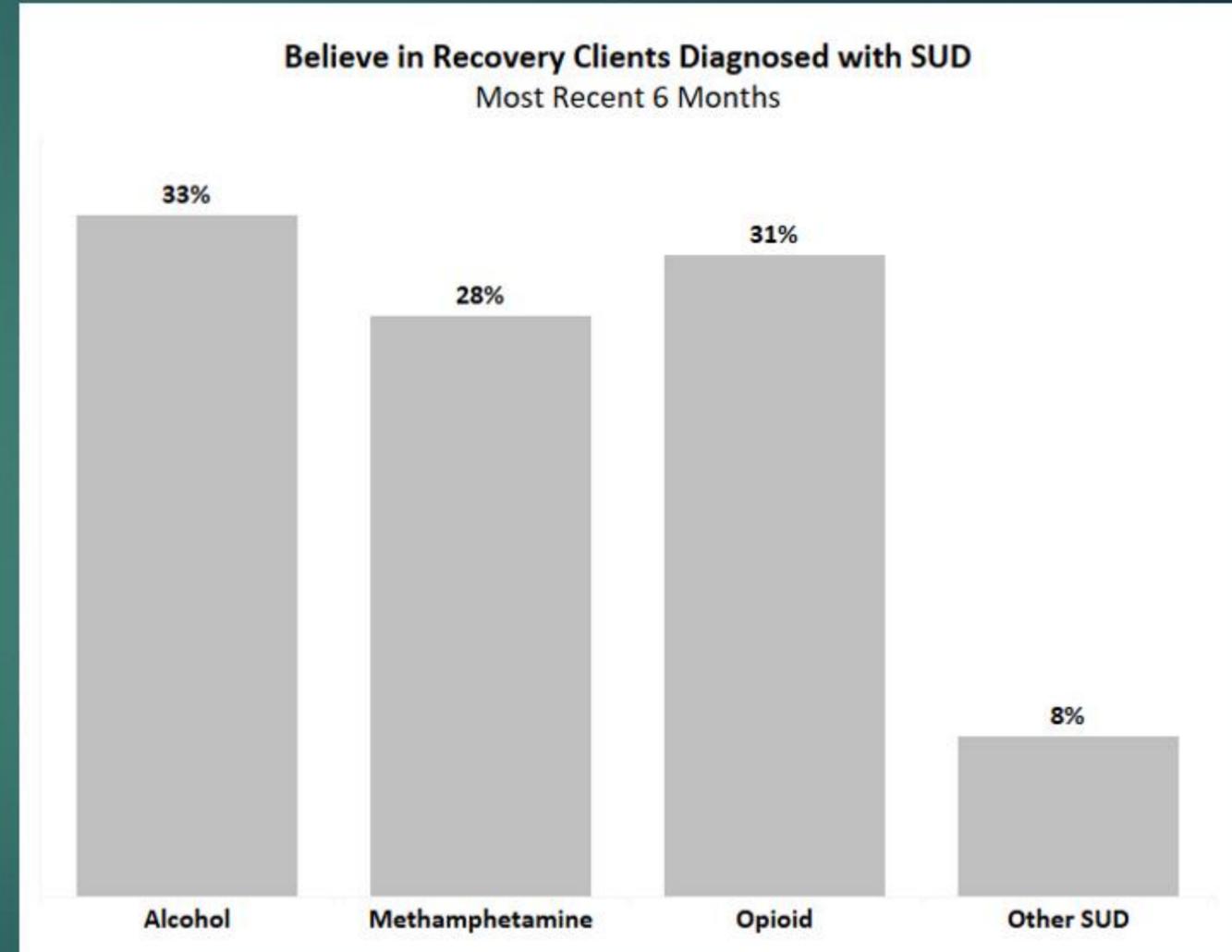


Referrals to Therapeutic Court were only provided for September 2020 - February 2021, Referrals to Employment Help were only included for March 2021 - August 2021.



Believe in Recovery

- ▶ Of the clients screened for SUD by Believe in Recovery in the most recent 6 months:
 - ▶ 33% were diagnosed with alcohol use disorder
 - ▶ 31% with Opioid use disorder
 - ▶ 28% with Methamphetamine use disorder
 - ▶ 8% were diagnosed with “other SUD”.



100% of Believe in Recovery clients receiving MAT services have been receiving MAT for 3 or more months without interruption.



SBHO-ASO – Upcoming Program/Funding Overview

Program	Initiation Date	Funding	Of Note
<p>Mobile Crisis Team Expansion - Youth</p> <p><i>Add CHILD-focused Crisis Providers to the existing DBH Mobile Crisis Outreach team</i></p>	<p>SBH-ASO goal is to have contract completed by May 1st, with functionality in place by June or July 1st, 2022</p>	<p>Senate Bill 5092 allocated \$372k for Clallam and Jefferson to split.</p> <p>HB 5073 treatment-focused funds that have been newly added, and must be awarded to BHA certified agency.</p>	<p>Hours are determined by Jefferson's need. (A review of how many children would be served by Crisis Team Contact had low numbers. Also, note that Jefferson also has WYSE team working with youth.)</p> <p>Encounter and supplemental data will be collected for this program</p> <p>This resource will support the DBH Crisis Team members, provide additional consult, direct services, and ideally outreach to schools.</p>
<p>Mobile Crisis Team expansion - Certified Peer Counselor</p> <p><i>Add ~.5 FTE Certified Peer Counselor (CPC) to the existing DBH Mobile Crisis Outreach team</i></p>	<p>Funding will be added to contracts effective 1/1/2022.</p>	<p>Enough \$\$ to support ~.5 FTE CPC resource</p> <p>These are HB 5073 treatment-focused funds that have been newly added, and must be awarded to BHA certified agency.</p>	<p>CPC will be required to participate in crisis-specific peer training being developed by DBHR.</p> <p>A CPC may not provide independent initial crisis response independently. This position may provide co-response with another crisis staff and/or peer services following up on a crisis event.</p> <p>SBH-ASO did a CPC training in October for 14 people, another training is scheduled for 4/25/2022. Jefferson candidates have completed the training and are prioritized if they will be filling in this program.</p>

[See Lori's SBH-ASO 12/9 Board Meeting Notes](#)



SBHO-ASO – Upcoming Program/Funding Overview

Program	Initiation Date	Funding	Of Note
<p>Pilot - Peer Pathfinder Transition from Incarceration</p> <p><i>Add ~.5 FTE Certified Peer Counselor (CPC) to the existing DBH Jail Transitions Program</i></p>	<p>Funding to be added to existing DBH Jail Transitions Program from 01/01/2022 through 2023</p>	<p>Pilot program Funded through 2023 – and expect to extend beyond that with State Level ARPA funding.</p>	<p>Jail Transition Program (transition and engagement in services) Certified Peer Counselor services will be available to individuals who are exiting incarceration and up to 120 days post release.</p> <p>Jail Transition Certified Peer Counselor would be connected to the individual pre-release or at release to provide continuity of care through the return to community. The goal is to help individuals back to independence - assist with transitions back to community and decrease recidivism – socially, grocery not near dealer, etc.</p>
<p>Co-Responder Program</p> <p><i>? ~.5? FTE for a credentialed Co-Responder to join a First Responder team.</i></p>	<p>RFP will likely go out in March 2022.</p>	<p>HCA to fund \$90k – and only ONE award is available across all three counties – and ideally will address an area not already served.</p>	<p>Originally SBH-ASO intended to contract with credentialed agencies in partnership with an EMS or law enforcement entity. However, HCA mandated at the last minute that the funds should be given directly to law enforcement agencies.</p> <p>Hence, the individual hired to fulfill this contract would have to be licensed independently, or the law enforcement/EMS agency could contract with an agency SBH-ASO already has credentialed.</p> <p>Currently we have DBH overseeing Sheriff Co-Responder and MCS oversees an independently licensed PTPD Co-Responder.</p>

[See Lori's SBH-ASO 12/9 Board Meeting Notes](#)



SBHO-ASO – Upcoming Program/Funding Overview

Program	Initiation Date	Funding	Of Note
<p>REAL Service Led by DBH)</p> <p><i>Stands up a REAL Program team for Jefferson County including one Project Manager, one Care Manager, and two Recovery Coaches.</i></p>	<p>Year 1 Underway. Expect to release an RFP in Mar 2022 for funding post July 1st, 2022</p>	<p>\$247,000 for 9 mos SB5476, which is the legislative response to State v. Blake decision, requires BH-ASOs to establish a Regional Recovery Navigator Program -</p> <p><i>(Changed name to - Recovery, Empowerment, Advocacy and Linkage - REAL)</i></p>	<p>Each R.E.A.L. Program provides a Project Manager, Care Manager, and 2 Recovery Coaches.</p> <p>Program requires both a Policy and an Operational Workgroup be stood up. BHC may be an anchor point for the Policy workgroup to address items such as what is/is not working in the referral process, etc. It is driven by harm-reduction, trauma informed, culturally inclusive principles and is intended to be staffed by individuals with lived experience.</p> <p>The R.E.A.L. Program teams provide community-based services to individuals in need. Priority Populations:</p> <ul style="list-style-type: none">▪ Individuals with substance use or co-occurring needs▪ Individuals with frequent contact with law enforcement or first responders▪ Individuals who have had challenges accessing services under the traditional service model <p>Referral sources:</p> <ul style="list-style-type: none">▪ Prioritize law enforcement referrals▪ May take community referrals for the priority populations

[See Lori's SBH-ASO 12/9 Board Meeting Notes](#)



Reminders and Resources

- **Reminder:** The BHC's next data milestone, covering September 2021 - February 2022, is due on 3/15/2022.
- **Course:** [Being and Becoming a Rural MOUD Provider](#) This course is limited to current MOUD prescribers in rural areas only and to providers such as NPs, PAs, MDs, medical students, or others who have the ability to prescribe MOUD. Please register with Jason Harris at: JHarris@jbsinternational.com
- **Course:** [Stigma](#): Promotes basic SUD/MOUD education and addresses fear and stigma within the clinical settings.
 - [Short video for busy medical staff: Tell me What to Say and How to Say It](#)
 - [Stigma reduction training and educational materials](#)



Relevant Resources – Cont'd

- **Provider/Program Supports:**

CA Bridge: Medication protocols, quick start guides, MOUD implementation blueprints and staff trainings: Link at: <https://cabridge.org/>

PCSS NOW: Free data waiver trainings, clinical staff trainings and guides, ability to submit a clinical questions, discussion forum and potential to be connected with a prescribing provider mentor:

Link at: <https://pcssnow.org/>

Opioid Cloud: Collection of research and resources related to treatment, recovery, stigma reduction, peer support, SUD treatment for parenting and pregnant women, recovery friendly workplaces etc.

Link at: <https://www.opioidlibrary.org/>



Potential Funding Opportunities

- SAMHSA [SP-22-001](#) - Harm Reduct Program Suicide/Early Prevention; \$400,000. Post 12/8; Due: 2/07/22; Start: Unknown
- HRSA [22-061](#) - RCORP OU/MH/BH - \$520k Post: 12/17/21, Due: 3/18/22, Start 9/1/2022
- HRSA [22-060](#) - RCORP-PsychoStim - \$520k Post 1/12/22, Due: 4/13/22, Start: 9/1/22
- SAHMSA [SM-22-003](#) - Youth Suicide/Early Prevention; \$733,333.33 Post 12/30/21; due: Unknown; Start: Unknown
- SAMHSA [TI-22-005](#) - State Opioid Response-Regional; ?\$23,666,666? Post 2/15/22; due: Unknown; Start: Unknown.
- HRSA-[23-057](#) - RCORP-I \$714,285.00 Post: 11/18/22, Due: 2/16/23, Start: 9/1/23

HRSA-22-061
Rural Communities Opioid Response Program – Mental and Behavioral Health
Department of Health and Human Services

HRSA-22-060
Rural Communities Opioid Response Program-Psychostimulant Support
Department of Health and Human Services

SM-22-003
Garrett Lee Smith State/Tribal Youth Suicide Prevention and Early Intervention Grant Program

SP-22-001
Harm Reduction Program Grant
Department of Health and Human Services

TI-22-005
State Opioid Response Grants
Department of Health and Human Services
Substance Abuse and Mental Health Services Adminis

HRSA-22-057
Rural Communities Opioid Response Program-Implementation
Department of Health and Human Services
Health Resources and Services Administration

FORECAST | VERSION HISTORY | RELATED DOCUMENTS | PACKAGE

NOTE: This is a Forecasted Opportunity.

General Information

Document Type:	Grants Notice	Version:	Forecast 2
Opportunity Number:	HRSA-22-057	Forecasted Date:	Jun 25, 2021
Opportunity Title:	Rural Communities Opioid Response Program-Implementation	Last Updated Date:	Jul 07, 2021
Opportunity Category:	Discretionary	Estimated Post Date:	Nov 18, 2021
Opportunity Category Explanation:		Estimated Application Due Date:	Feb 16, 2022
Funding Instrument Type:	Grant	Estimated Award Date:	
Category of Funding Activity:	Health	Estimated Project Start Date:	Sep 01, 2022
Category Explanation:		Fiscal Year:	2022
Expected Number of Awards:	70	Archive Date:	
CFDA Number(s):	93.912 -- Rural Health Care Services Outreach, Rural Health Network Development and Small Health Care Provider Quality Improvement	Estimated Total Program Funding:	\$50,000,000
Cost Sharing or Matching Requirement:	No	Award Ceiling:	\$0
		Award Floor:	\$0

Name: Health Resources and Services Administration
Description: The purpose of the Rural Communities Opioid Response Program-Implementation is to strengthen and expand SUD/ODU prevention, treatment, and recovery services to enhance rural residents' ability to access treatment and move towards recovery.



Upcoming Meetings

- Weekly Tuesdays and Thursdays - BH Therapeutic Court and Therapeutic Drug Court respectively
- 1/13 - YMPEP Regional Mtg (Marijuana Prevent)
- 1/13 - Whitehouse Rural Stakeholder's Call
- 1/13 - BHC Meeting - DATA Updates/Case Study
- 1/18 - South County Harm Reduction Meeting
- 1/19 - Amy Snodgrass re: Listening Sessions
- 1/19 - Behavioral Health Summit Meeting
- 1/19 - Fire Commissioner Board Meeting
- 1/20 - Virtual Engagement for Professionals
- 1/20 - Board of Health - CHIP Presents
- 1/21 - SBH-ASO Exec Board Meeting
- 1/31 - Benji Project Board Meeting
- 2/02 - NACCHO - MH/Climate
- 2/03 - RCORP-I Coaching Meeting
- 2/07 - WA State SSP
- 2/08 - ?Affordable Housing?
- 2/08 - LF/CHIP-BHC/AM



Next BHC Meeting

Thursday, February 10th, 2022

@3pm





Acronym Sheet

BH – Behavioral Health

BHC – Behavioral Health Consortium

CHA – Community Health Assessment

CHIP – Community Health Improvement Plan

DCR – Designated Crisis Responder

DUI – Driving Under the Influence

ED – Emergency Department

EJFR – East Jefferson Fire Rescue

EMS – Emergency Medical Services

JCPH – Jefferson County Public Health

JeffCo – Jefferson County

JHC – Jefferson Healthcare

HFPD – Health Facilities Planning and
Development Consultants

HRSA – Health Resources and Services
Administration

ITA – Involuntary Treatment Assessment

MAT – Medically Assisted Treatment

MH – Mental Health

OUD – Opioid Use Disorder

PTPD – Port Townsend Police Department

RHNDP-P – Rural Health Network Development

Program – Planning (HRSA Grant Awarded 2018-2019)

RCORP-P – Rural Community Opioid Response Program
– Planning (HRSA Grant Awarded 2019-2020)

RCORP-I – Rural Community Opioid Response Program
– Implementation (HRSA Grant Awarded 2020-2023)

SUD – Substance Use Disorder

TBH – To Be Hired

VOA – Volunteers of America – Crisis Line

Vol - Voluntary

Invol – Involuntary