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# BHC Meeting

July 8, 2021, 3pm

The BHC is funded by HRSA's RCORP-Implementation Grant  
through September 2023



# Agenda – 7/08/21 BHC Meeting

- Introductions (Grants, Service Updates, Collaborations) - 15 Minutes
- RCORP-I Grant-related Updates
- BHC Sustainability Focus: East Jefferson Fire and Rescue - 15 Minutes  
- Chief Bret Black
- Update-Continued: 2021 Legislative Session - BH/Funding Measures  
- Jolene Kron, Clinical Director, Salish Behavioral Health, 15 Minutes
- Discussion - collaborate to optimize funding resources
- Next Meeting: August 8<sup>th</sup>, 3pm - Zoom



### Year 1 RCORP-I Grant Deliverables

Organization	Contact	Qtrly Rpt		Qtrly Rpt		6 Mos PIMS		Qtrly Rpt		Qtrly Rpt		6 Mos PIMS		Year 1 Sustainability					
		Contributes	Complete	Contributes	Complete	Contributes	Complete	Contributes	Complete	Contributes	Complete	Contributes	Complete	Contributes	Complete				
		Due 12/15/20		Due 03/15/21		Due 03/15/21		Due 06/15/21		Due 09/15/21		Due 09/15/21		Due 9/15/21					
		RE: 9/30-11/30/20		RE: 12/01-2/28/21		9/01/20-2/28/21		03/01-5/31/21		6/01-8/31/21		03/01-8/31/21							
JCPH	Martine	<b>Completed</b>		<b>Completed</b>		<b>Completed</b>		<b>Completed</b>		<b>Due 9/15</b>									
JHC	Nowak															X		X	
DBH	Novelli															X		X	
EJFR	Brummel															X		X	
JSCO/Jail	Fortino															X		X	
PTPD	Haynes															X		X	
SH/BoH	Kessler															X		X	
BiR/GtF	Caudill															X		X	
JCPO	Kennedy															X		X	
Recovery Café	Richardson															X		X	
ADAI	Rey-Thomas															X		X	
Youth Prev	Banker																		X
NAMI	Johnson																		X
Hospital	Wharton																		X
County	Brotherton																		X
Hospital	Fortino				X														
SBH-ASO	Kron				X														
BHAC	McEnery				X														



# RCORP-I Grant Reporting: Y1Q3 Successes

- **Consortium Engagement**
  - **Stewardship/State v. Blake/Stigma**
- **Data & Reporting**
  - **Collective Data Report Out**
  - **Law Enforcement data normalization in progress**
- **Recovery Café re-opening**
  - **peer-based recovery support**
  - **Service Connection**

#### **4. Please describe the success(es) you had related to consortium growth and/or engagement**

Consortium engagement has continued on a monthly basis. BHC Member engagement during March, April and May included exploration of what the members want "being a steward of Jefferson County Behavioral Health" to mean; education and insight re: State v. Blake Decision and how to address its impacts to service connection opportunities in our County; and a BHC-focus group (23 BHC member/adhoc team participants) to share insights on SUD-related Stigma.

#### **5. Please describe the success(es) you had related to data & reporting**

- A presentation was developed and delivered to BHC members heard on their collective data collection effort. This data was provided by Fire & Rescue, Police, Sheriff behavioral health providers regarding # of encounters. The data also included types/# services rendered/issues/needs for patients of BHC service providers, including the Hospital, Jail, Discovery Behavioral Health, Safe Harbor, Believe In Recovery/Gateway to Freedom and Recovery Cafe for for the time period 9/01/20 - 2/28/2021.

- This presentation laid the groundwork for better stakeholder buy-in to having the Data group deepen their efforts with Police and Sheriff's Office to normalize their respective approaches to data coding.

#### **6. Please describe the success(es) you had related to recovery**

Recovery Cafe opened on March 11, 2021 as the pandemic restrictions began to lift. This has allowed them to provide peer-based recovery support services to more individuals (especially those who do not have access to telecommunication tools). Their outreach efforts have directly led to people accessing peer support and referrals to others services including SUD/MH treatment, primary care and state benefits.



# RCORP-I Grant Reporting: Y1Q3 Challenges

- **Care Coordination Project**
  - CFR 42 Part 2/Service Provider-ROIs
  - Transitioning Leadership
  - Coordination/Navigator Optimization
- **COVID-19**
  - Organizational Exhaustion
- **Workforce Retention & Recruitment**
  - Retirement and CIS
  - New players/new priorities

## 8. Please describe the challenge(s) you had related to care coordination

Challenges include:

- Discerning how to deal with CFR42 Part 2, ROIs between service providers.
- The lack of coordination of the various "navigators" being hired by various organizations. This has resulted in chaotic implementation that has impacts the efficacy of those positions to affect the range from service providers, stakeholders to people in need of services in our community.
- New leadership at several agencies, retirement of several staff members within agencies, along with Critical Incident

## 11. Please describe the challenge(s) you had related to the COVID-19 pandemic

COVID-19 is a significant impact to all the work to improve the Behavioral Health issues in our community. The pandemic is starting to abate as more members are vaccinated, however challenges are mounting with several people retiring or leaving for other jobs, in addition to general organizational, fiscal, physical and mental health exhaustion at personal and professional levels.

## 12. What

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## 14. Please describe the challenge(s) you had related to workforce—retention

Critical Incident Stress and pandemic exhaustion are present among many of our member organizations. Even as the pandemic is starting to abate and more members are vaccinated, challenges are mounting with several people retiring or leaving for other jobs, in addition to general organizational, fiscal, physical and mental health exhaustion at personal and professional levels. All of this impacts access to services.

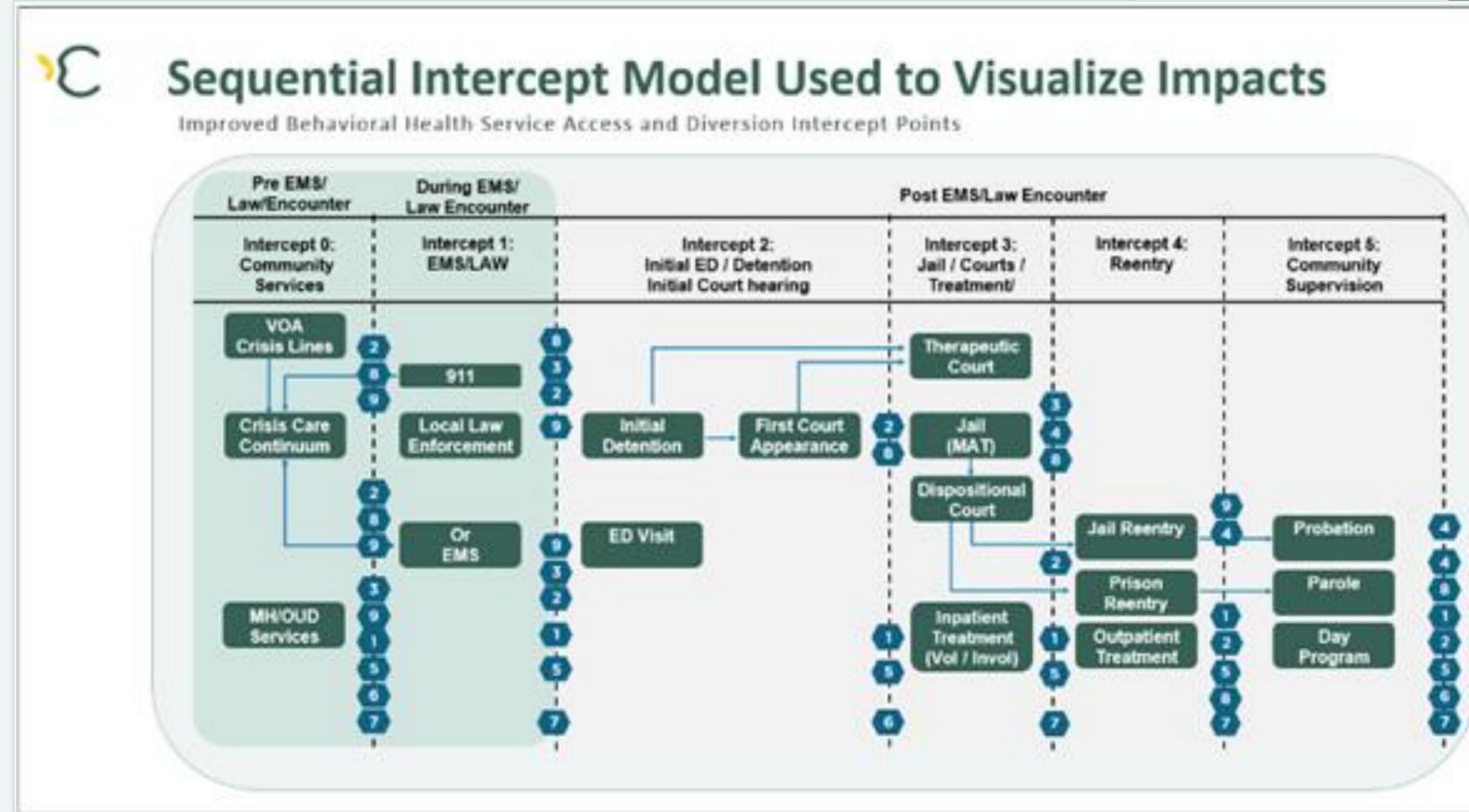
## 15. What steps have you taken to resolve the challenge(s) you had related to workforce—retention?

Working to meet one-on-one with each BHC member to listen to what their landscape is now, and to bring the awareness/articulation of those differences to our collective table to brainstorm ways that we can support each other to weather this wave of workforce pulling out, and to generate a new wave of workforce coming in - whether that is education at a legislative level, participation in regional and local workforce recruitment and retention efforts, etc.



# BHC Projects

1. Increase Integration of Behavioral Health Therapy Provider and MAT Prescription
2. ~~Explore Crisis Stabilization Center Feasibility and, if appropriate (determined not feasible at this time)~~
3. Develop/maintain [online](#)/printed Resource Directory
4. Improve Jail-to-Community service connection
5. Fund Recovery Café for peer network development and recovery/prevention environment
6. Extend Harm Reduction Program Services into South County
7. Execute communication/education/integration efforts to address regional stigma
8. Coordinate and optimize navigator and care coordination services
9. Initiate collective case management for high utilizers of law enforcement/EMS services





# Harm Reduction – South County

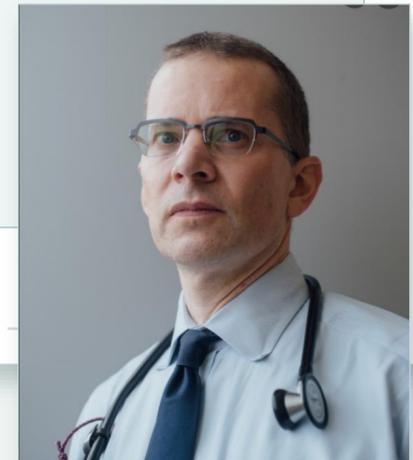
- Dr. Carlbom advocated for Naloxone at the June Jefferson Educational Partnership (JCEP) meeting
- Identify new JHC Representative for this effort
- Awaiting insight on using Quilcene Clinic as Naloxone receiver and distribution location
- Next meeting: 7/15/21



## Recommendation: Naloxone Belongs in Schools

- Model Evidence-Based Harm Reduction
- Reduce Stigma of Naloxone
- Prepare for rare, high-impact events

Jefferson County Education Partnership – June 7, 2021



**Dr. David Carlbom**  
Medical Program Director  
Jefferson County EMS



[BHC South County Harm Reduction Subgroup Page](#)



# Communication Efforts

- Upcoming campaign on Fentanyl
- Overdose Awareness Day - August 31st

jeffcopublichealth\_wa



**PROTECT YOUR FRIENDS**

FENTANYL IS IN WASHINGTON  
KNOW THE RISK. ONE SPECK CAN BE DEADLY.  
KNOW THE SOURCE. IT COULD BE IN PILLS OR POWDERS.  
KNOW THE SIGNS OF AN OVERDOSE. CALL 9-1-1.

jeffcopublichealth\_wa The signs of an overdose involving fentanyl are the same as other opioids:

- ◆ Blue, gray, or ashy skin
- ◆ Slow or no breathing
- ◆ Person won't wake up

For more information, visit: <https://stopoverdose.org/section/fentanyl/>  
To pick up a free Naloxone Kit, visit our clinic next to QFC in Port Townsend on Monday (2-4 pm), Wednesday (11 am-1 pm) and Friday (2-4 pm), or call 360-385-9400. Naloxone Kits are also available at pharmacies with no prescription (to find a location near you, <https://stopoverdose.org/section/find-naloxone-near-you/>). WA state law protects those seeking help and assisting during an overdose. #healthyinJeffCoWA (IG Users: Links in Bio) Less

Jun 27, 2021

jeffcopublichealth\_wa



**FRIENDS WATCH OUT FOR EACH OTHER**

FENTANYL IS IN WASHINGTON  
KNOW THE RISK. EVEN A SMALL AMOUNT CAN KILL.  
KNOW THE SOURCE. IT COULD BE IN PILLS OR POWDERS.  
KNOW THE SIGNS OF AN OVERDOSE. CALL 9-1-1.

jeffcopublichealth\_wa To lower your chance of having or dying from an overdose:

- ◆ Assume that any pill, powder, or other drug you get from a dealer, friend or online source probably has fentanyl in it.
- ◆ Don't use alone or call a friend when you do use. They can get help if you need it.
- ◆ Carry naloxone, and let others know where you keep it. Naloxone can reverse a fentanyl overdose, although in some cases it may take more doses because fentanyl is so potent. You should also call 911, just like for any medical emergency, so extra help is on the way.

For more information, visit: <https://stopoverdose.org/section/fentanyl/>  
To pick up a free Naloxone Kit, visit our clinic next to QFC in Port Townsend on Monday (2-4 pm), Wednesday (11 am-1 pm) and Friday (2-4 pm), or call 360-385-9400. Naloxone Kits are also available at pharmacies with no prescription (to find a location near you, <https://stopoverdose.org/section/find-naloxone-near-you/>). WA state law protects those seeking help and assisting during an overdose. #healthyinJeffCoWA (IG Users: Links in Bio) Less

Jul 21, 2021

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**WATCH OUT FOR YOUR BFF**

FENTANYL IS IN WASHINGTON  
KNOW THE RISK. DEADLY IN TINY AMOUNTS.  
KNOW THE SOURCE. IT COULD BE IN PILLS OR POWDERS.  
KNOW THE SIGNS OF AN OVERDOSE. CALL 9-1-1.

jeffcopublichealth\_wa Fentanyl overdose deaths in Washington increased by 38% in 2020. Knowing what to do is a click away. Go to [stopoverdose.org/fentanyl](https://stopoverdose.org/fentanyl) for info.

To pick up a free Naloxone Kit, visit our clinic next to QFC in Port Townsend on Monday (2-4 pm), Wednesday (11 am-1 pm) and Friday (2-4 pm), or call 360-385-9400. Naloxone Kits are also available at pharmacies with no prescription (to find a location near you, <https://stopoverdose.org/section/find-naloxone-near-you/>). WA state law protects those seeking help and assisting during an overdose. #healthyinJeffCoWA (IG Users: Links in Bio) Less

Jul 21, 2021



**OVERDOSE AWARENESS DAY**

Whereas: International Overdose Awareness Day, started in Melbourne by the Salvation Army in 2002 is now observed in many communities around the world

Whereas: The State of Washington does affirm and acknowledge the harm and hardship caused by drug overdose

Whereas: We recognize the purpose of International Overdose Awareness Day as remembering loved ones lost to overdose and ending the stigma of drug-related deaths

Whereas: we resolve to play our part in reducing the toll of overdose in our community, which claimed the lives of more than 1259 in Washington State residents in 2019 with countless more affected forever

Whereas: we affirm that the people affected by overdose are our sons and daughters, our mothers and fathers, our brothers and sisters, and deserving of our love, compassion and support.

Whereas: More people die from overdoses than from gun violence and vehicle accidents combined.

Whereas: There has been a 900% increase in deaths from overdoses in seniors since the beginning of the century in Washington State

Whereas: Publicly funded treatment admissions for opioids as the primary drug has increased 250% from between 2002-2004 to 2014 - 2016

Whereas: The State Crime lab has reported a 742% increase of opioids in drugs tested from 2002-2004 to 2014 - 2016.

Whereas: There continue to be deaths from stimulant use

Whereas: Overdoses continue to increase both medical and other economic costs greatly impacting our society

Whereas: Death from drug overdose is preventable

Whereas: Addiction is a treatable condition, but the stigma and shame are often a barrier to seeking help

Whereas: When a loved one dies from a stigmatized behavior such as overdose the grieving process is often much harder for those left behind because of shame and guilt

Therefore, be it resolved that the thirty-first of August 2021 be declared Overdose Awareness Day in Washington



# Up and Coming

- Kelli Parcher, who leads the Pfeiffer House, to give an overview of the project at our August 12<sup>th</sup> BHC meeting

**PFEIFFER HOUSE**

Community Provider

**OPEN HOUSE**

**JULY 6<sup>TH</sup> 1:30 - 3:30**

**JULY 7<sup>TH</sup> 9:00 - 11:00**

**SUSTAINABLE LIVING PROJECT FOR YOUNG ADULTS 18-24**

- Transitional Living Units
- Providing collaboration and assistance in Life Skills, Employment, Education & more to support launching into successful futures
- Community Resource Center

Kelli Parcher  
[kelliparcher@jeffersonyouthproject.org](mailto:kelliparcher@jeffersonyouthproject.org)  
360-301-3551

910 Lawrence St.  
Port Townsend



# Integrating Leadership Transitions in BHC Member Orgs

- The BHC's MOU used to pursue our HRSA RCORP-I grant has 11 Members.
- Five of those 11 organizations have gone, or will be going through, leadership transitions by the end of 2021.





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## Focus on BHC Sustainability

East Jefferson Fire Rescue

- Fire Chief Bret Black



# EJFR – Annual Report / Challenges



- [EJFR's 2020 Annual Report](#)



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## 2021 Legislative Session Update

Jolene Kron, Administrator/Clinical Director

Salish Behavioral Health Administrative Services Organization



# Updates

## Behavioral Health Investments

Jolene Kron, Deputy  
Administrator/Clinical Director  
Salish Behavioral Health  
Administrative Services Organization



# Funding Overview Effort Underway

Current Funding for Programs aimed at Justice-Involved Population shown by Potential Interception Points

Providers	Intercept Point					
	Community Services	EMS LAW	Initial ED / Detention Initial Court Hearing	Jail / Courts / Treatment	Re-entry	Community Supervision
	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source
Sheriff's Office	Navigator Role - \$63,209 thru 6/2021 WASPC Grant Award Includes: Navigator services; Data Collection Sub-recipients: MCS Counseling Re-Funding Plan post 6/2021 - Apply for 18 month WASPC grant 6/2021-12/2022 Program success Metrics?	Navigator Role - \$63,209 thru 6/2021 WASPC Grant Award Sub-recipients: MCS Counseling Re-Funding Plan post 6/2021 - Apply for 18 month WASPC grant 6/2021-12/2022 Program success Metrics?				
DBH	Wrap Around Services - \$55k for 2021 1/10th of 1%; ?ends 12/31/21? (Is this used for Justice-involved population?) Re-Funding Plan post 12/2021? Program success Metrics?				Housing - \$18k for 2021 1/10th of 1%; ?ends 12/31/21? (Is this used for Justice-involved population?) Re-Funding Plan post 12/2021? Program success Metrics?	
REC Café	RCORP-I Grant \$35k thru 8/2023 Recovery Community Base and Supports Peer Network Development Prevention-Focus; Service Connection					
PTPD	Navigator Role - \$55,000 thru 12/2021 1/10th of 1% Funding Includes: Navigator services; Data Collection Sub-recipients: MCS Counseling Re-Funding Plan post 12/2021? Program success Metrics?  Is there additional funding from City of PT?					
EJFR/JHC/REC Café?	RCORP-I Grant					



# Upcoming Meetings

- Weekly Tuesdays and Thursdays - BH Therapeutic Court and Therapeutic Drug Court respectively
- 07/08 - CHIP's Working Age Band Workgroup
- 07/12 - OCH Board Meeting (Regional)
- 07/13 - WA State SSP - Statewide Meeting
- 07/13 - Naloxone Prevention in Schools
- 07/14 - CHIP's Senior Age Band Workgroup
- 07/14 - Affordable Housing Taskforce
- 07/15 - Oversight Committee Meeting
- 07/15 - CHIP's Youth Age Band Team Meeting
- 07/19 - Prevention Team Meeting
- 07/19 - JeffCO Board of Health
- 07/20 - SC Harm Reduction Subgroup Meeting
- 07/21 - 3CCORP Treatment Workgroup
- 07/22 - Healthcare Communications Workshop
- 07/22 - MHFR
- 07/22 - 7<sup>th</sup> @ Hendricks Affordable Housing Groundbreaking
- 07/27 - Faith in Harm Reduction Webinar
- 07/30 - SBH-ASO Executive Board Meeting
- 07/19 - Prevention Team Meeting
- 08/05 - RCORP-I TA call
- 08/05 - CHIP's Youth Age Band Team Meeting
- 08/09 - OCH Board Meeting (Regional)
- 08/11 - CHIP's Senior Age Band Workgroup
- 08/11 - Affordable Housing Taskforce
- 08/12 - BHC August Meeting



# Next BHC Meeting

Thursday, August 12<sup>th</sup>, 2021

@3pm





Thank You



# Acronym Sheet

**BH** – Behavioral Health

**BHC** – Behavioral Health Consortium

**CHIP** – Community Health Improvement Plan

**DUI** – Driving Under the Influence

**ED** – Emergency Department

**EJFR** – East Jefferson Fire Rescue

**EMS** – Emergency Medical Services

**JCPH** – Jefferson County Public Health

**JeffCo** – Jefferson County

**JHC** – Jefferson Healthcare

**HFPD** – Health Facilities Planning and  
Development Consultants

**HRSA** – Health Resources and Services  
Administration

**MAT** – Medically Assisted Treatment

**MH** – Mental Health

**ODU** – Opioid Use Disorder

**PTPD** – Port Townsend Police Department

**RHNDP-P** – Rural Health Network Development  
Program – Planning

**RCORP-P** – Rural Community Opioid Response  
Program – Planning

**RCORP-I** – Rural Community Opioid Response  
Program – Implementation

**SUD** – Substance Use Disorder

**TBH** – To Be Hired

**VOA** – Volunteers of America – Crisis Line

**Vol** - Voluntary

**Invol** – Involuntary