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### BHC Meeting

December 9, 2021, 3pm

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#### Agenda – 12/09/21 BHC Meeting

- Introductions 10 Minutes
- Pfeiffer House Project Proposal for RCORP-I Funding 5 Minutes
  - Kelli Parcher, OWL-Pfeiffer House Link to Funding Application PDF
- Introducing R.E.A.L. Program 15 Minutes
  - Jim Novelli, Exec Dir, DBH
- Regional Stigma Survey Results & Exploring Next Steps 25 Minutes
  - Amy Brandt and Debra Swanson, OCH
- Next Meeting: January 13<sup>th</sup>, 3pm Zoom
  - Milestone Year 1 completion of the RCORP-I Grant
  - HFPD Data Quick Updates
  - Potential: Chief Olson PTPD
  - Potential: Funding Updates





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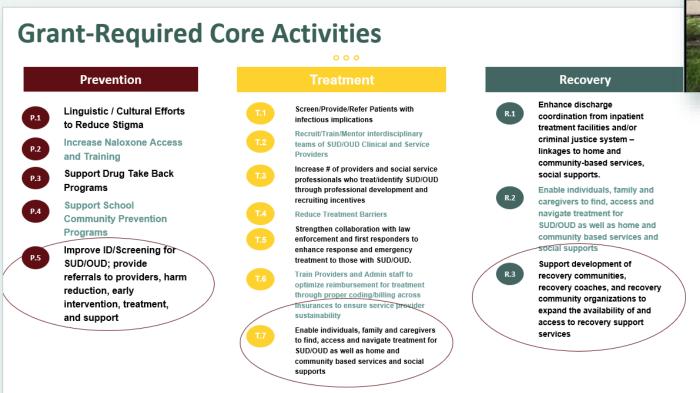
#### Pfeiffer House Project Application

Kelli Parcher, Pfeiffer House / OWL360



#### Pfeiffer House Project for BHC Approval

OWL 360, a non-profit entity created to address the issue of housing and supportive services to Jefferson County youth and young adults, is requesting \$47,000 in RCORP-I grant funds to be allocated for use between now and August 31, 2023, for the Pfeiffer House Sustainable Living Project as they serve young adults who lack consistent family or other supports to ensure they connect with age-appropriate prevention and intervention services.



Pfeiffer House - Sustainable Living Project 910 Lawrence St. Port Townsend Kelli Dillingham Parcher | 360-301-355

Review Pfeiffer House Presentation and Overview, presented to BHC at August 2021 meeting,



#### Proposed Pfeiffer House Project

Requesting \$47,000 of RCORP- I Funding to be utilized 1/2022 - 8/2023

#### Task 1: Hire a part-time Prevention Specialist

- Support the provision of service access for those living at Pfeiffer House
- Support the Pfeiffer House's community space where the 16-24 year-old group can gather, develop community, and connect with services

### Task 2: Partner with county-wide medical, behavioral health, and social service providers

Develop individual responsivity-driven approaches that bridge Jefferson County's emerging adult population to services that build self-efficacy and support prevention and intervention.

### Task 3: Develop Peer Youth and Young Adult Advisory Board

Engage participants in the development of a Youth Peer Network composed of young folks with lived experience.

### Task 4: Develop and execute a communication action plan

- Raise awareness of Pfeiffer House, and
- Increase engagement and service connection for targeted population





#### Proposed Pfeiffer House Project

Requesting \$47,000 of RCORP- I Funding to be utilized 1/2022 - 8/2023

Budget Category	Proposed Funding	Focus/Timing
SALARIES	\$ 40,000	Salary/Wages Part Time Prevention Specialist 2022 –\$ 20,000 Gross 2023 - \$20,000 Gross
INSURANCE	\$ 2,000	
TRANSPORTATION	\$ 2,000	Transportation to service providers, treatment, education, employment enrollment programs
ADMINISTRATION	\$ 3,000	OWL 360 – Training/Development Support
TOTAL	\$ 47,000	

These efforts would be funded with unused RCORP-I dollars that were originally allocated to hire a grant coordinator for the first year of the grant's performance period.

OWL 360 has indicated their willingness to join the BHC under the MOU that the current Members have signed.



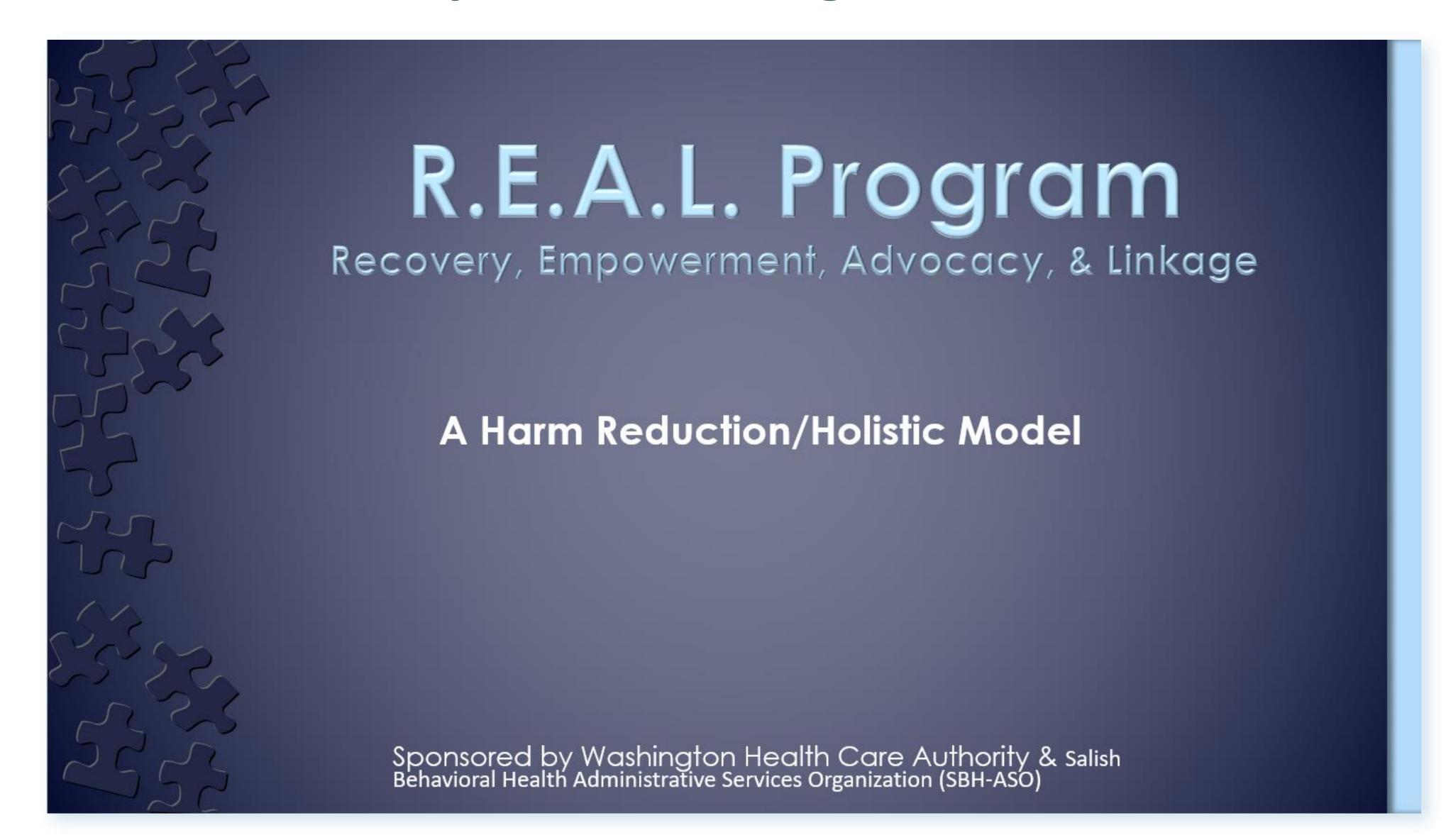


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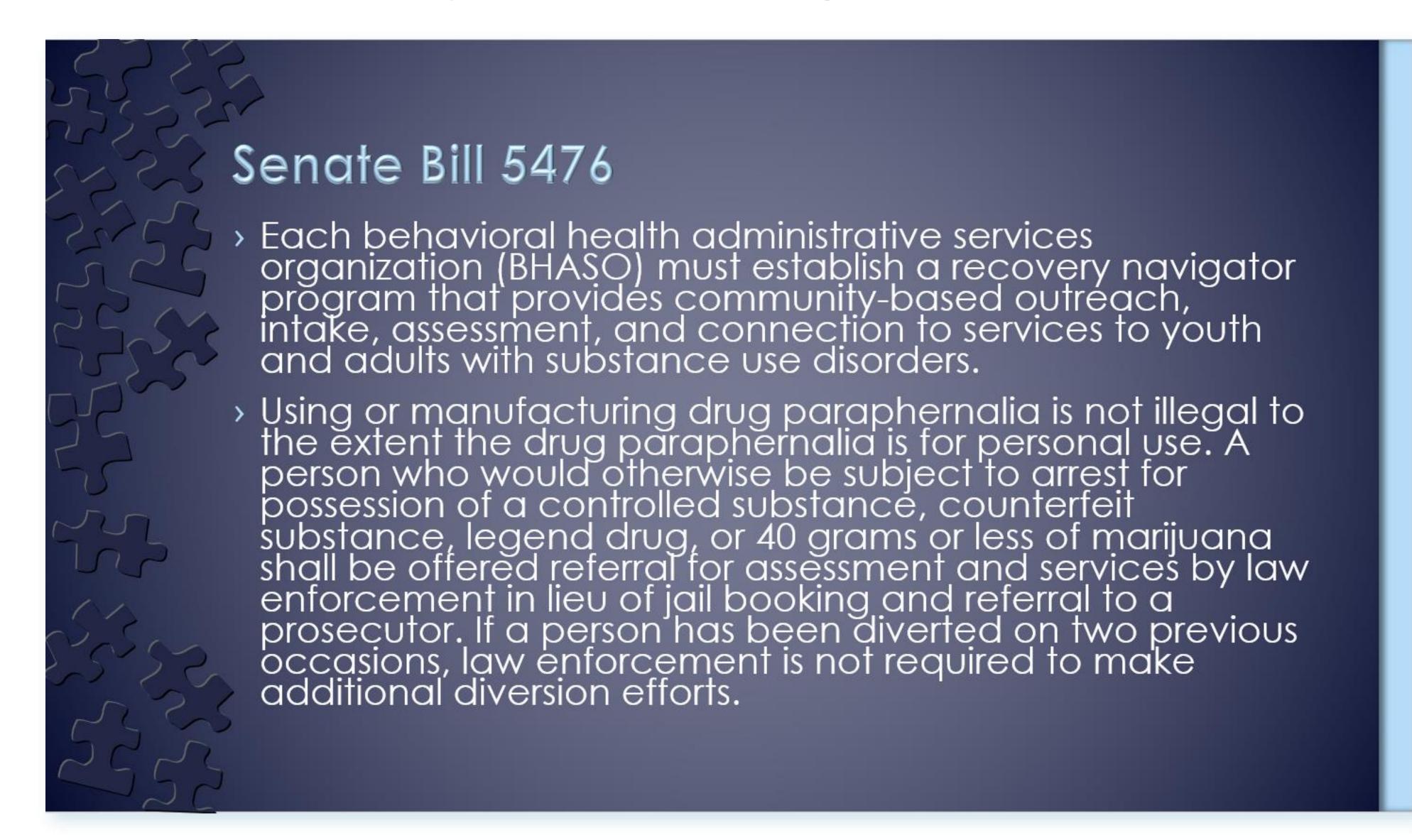
#### Introducing JeffCo's R.E.A.L. Program

Jim Novelli, Exec Dir, DBH





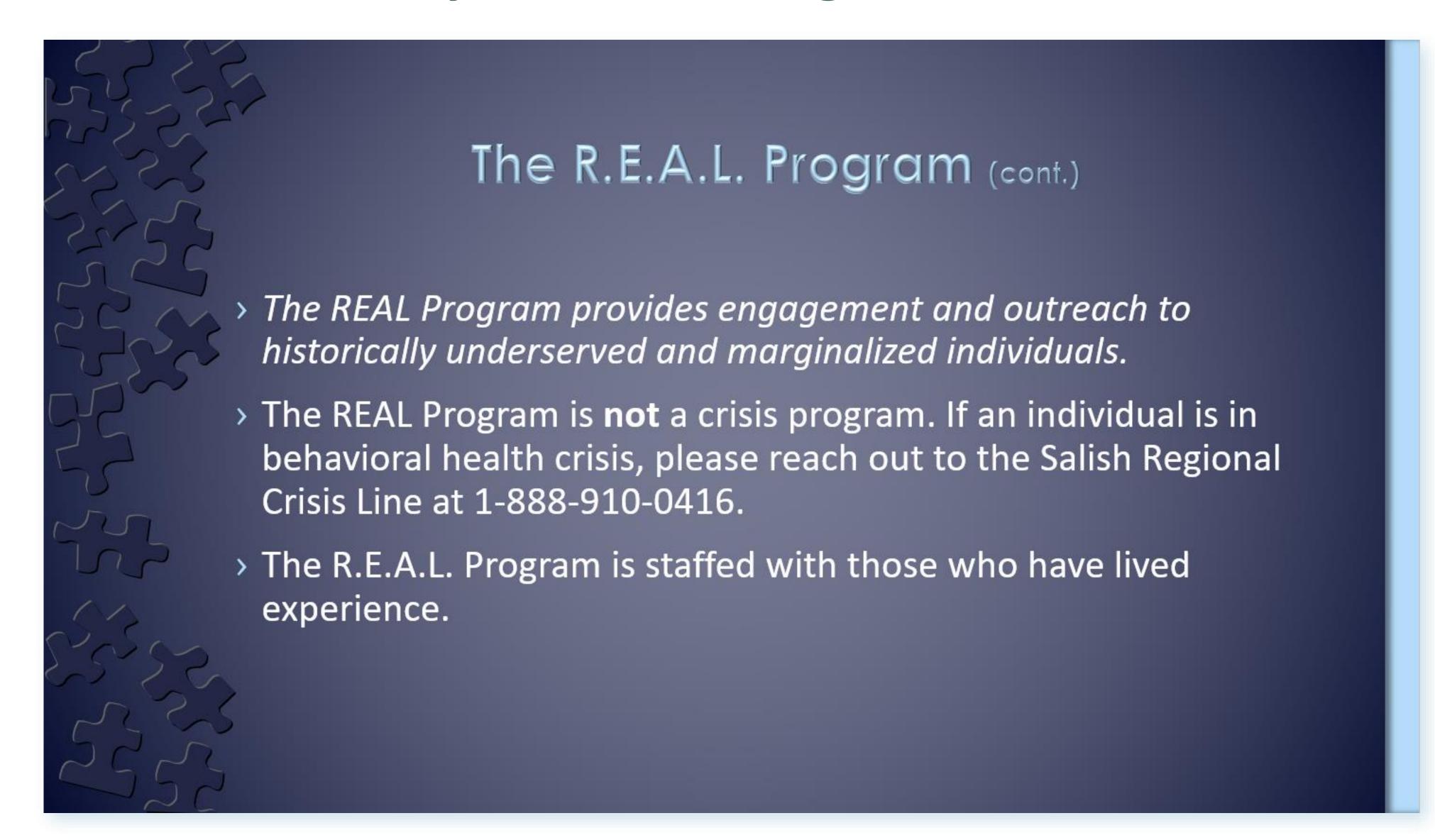




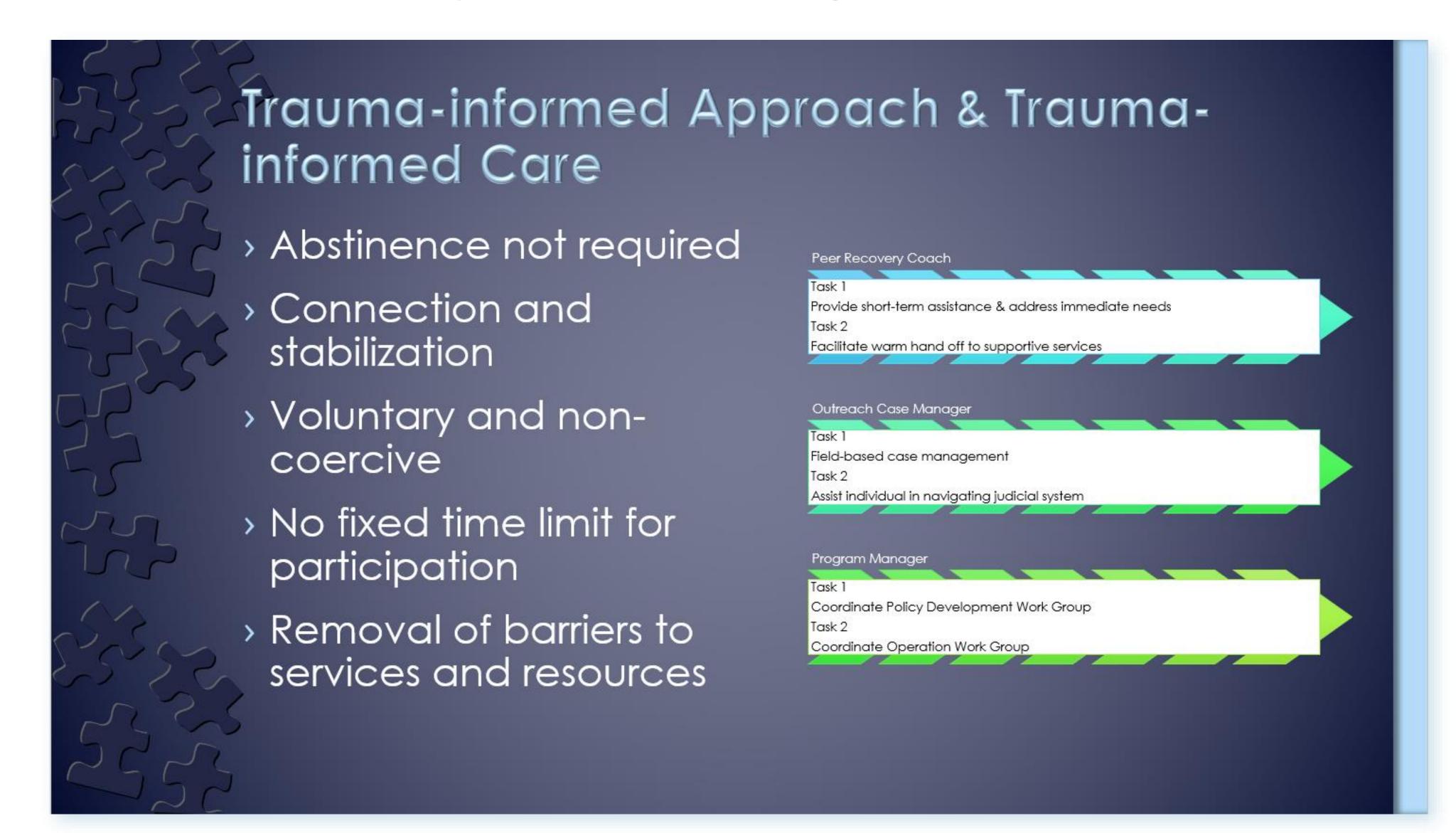












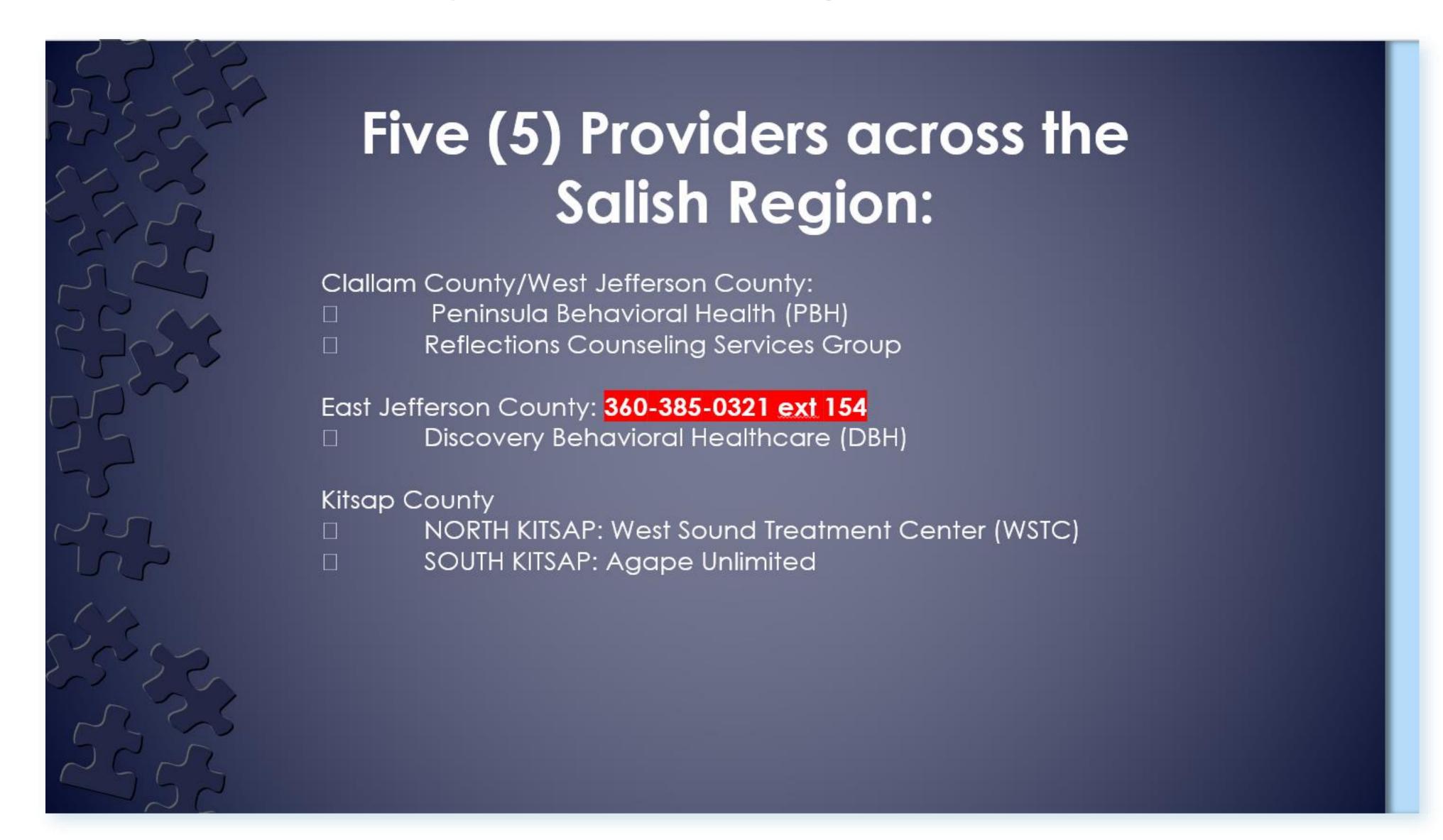






DATA from L.E.A.D(EBP)							
	Trends	Baseline	18-Month F/U	The Recidivism Report tests the relative effectiveness of the LEAD® program compared to the 'system-as-usual' control condition in reducing criminal recidivism (i.e., arrests and charges).			
	Sheltered	48.30%	65.83%	<ul> <li>People in LEAD® were 60% less likely than people in the control group to be arrested within the first 6 months of the evaluation.</li> </ul>			
35	Employed	7.43%	9.03%	Over the entire course of the			
	Income & Benefits	51.76%	57.445%	evaluation to date, people in LEAD® were 58% less likely than people in the control group to be arrested (see below).			
552							







	Discovery Beh	avioral Health I	Programs
155 155 155 155 155 155 155 155 155 155	Designated Crisis Responders	Sheriff Navigator	R.E.A.L. Team
المارية المارية المارية	-Voices of America receives call from concerned partyDCR dispatched by VOA	-Assist LEO's regarding people suspected or known to have a mental illness	-Law Enforcement Referral  -Community Referral  -Agency Referral
	-DCR evaluates for:    - danger to self    - danger to others    - grave disability    - danger to others         property	-Get DCR or R.E.A.L Team involved depending on severity of situation.	<ul> <li>Develop rapport</li> <li>Connecting people to local services/resources</li> </ul>











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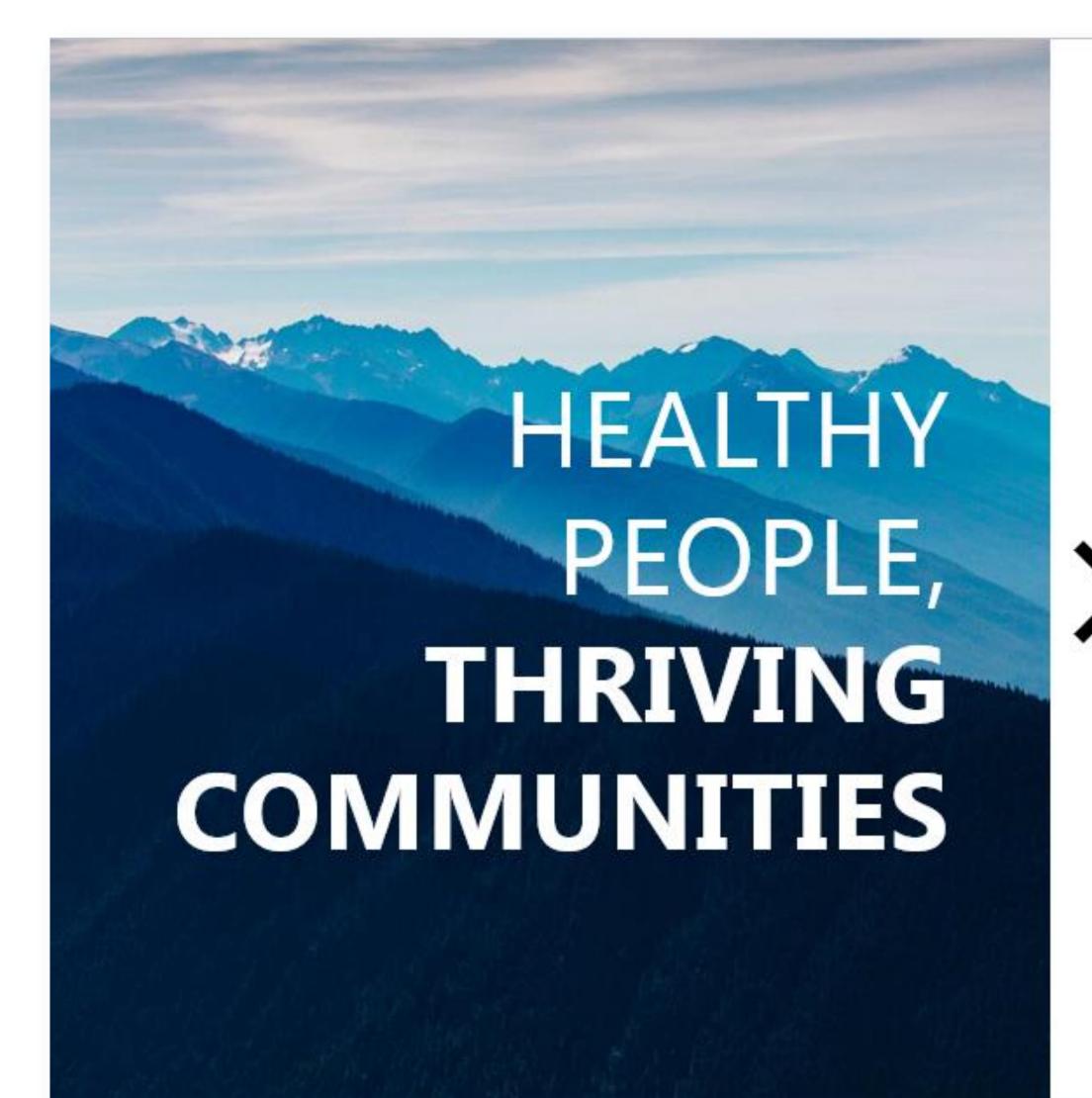
#### Regional Stigma Survey Results

Amy Brandt and Debra Swanson, OCH









#### **PURPOSE**

Tackling health issues that no single sector or Tribe can tackle alone

#### MISSION

To solve health problems through collaborative action







### Acknowledgements



Collaborative Consulting



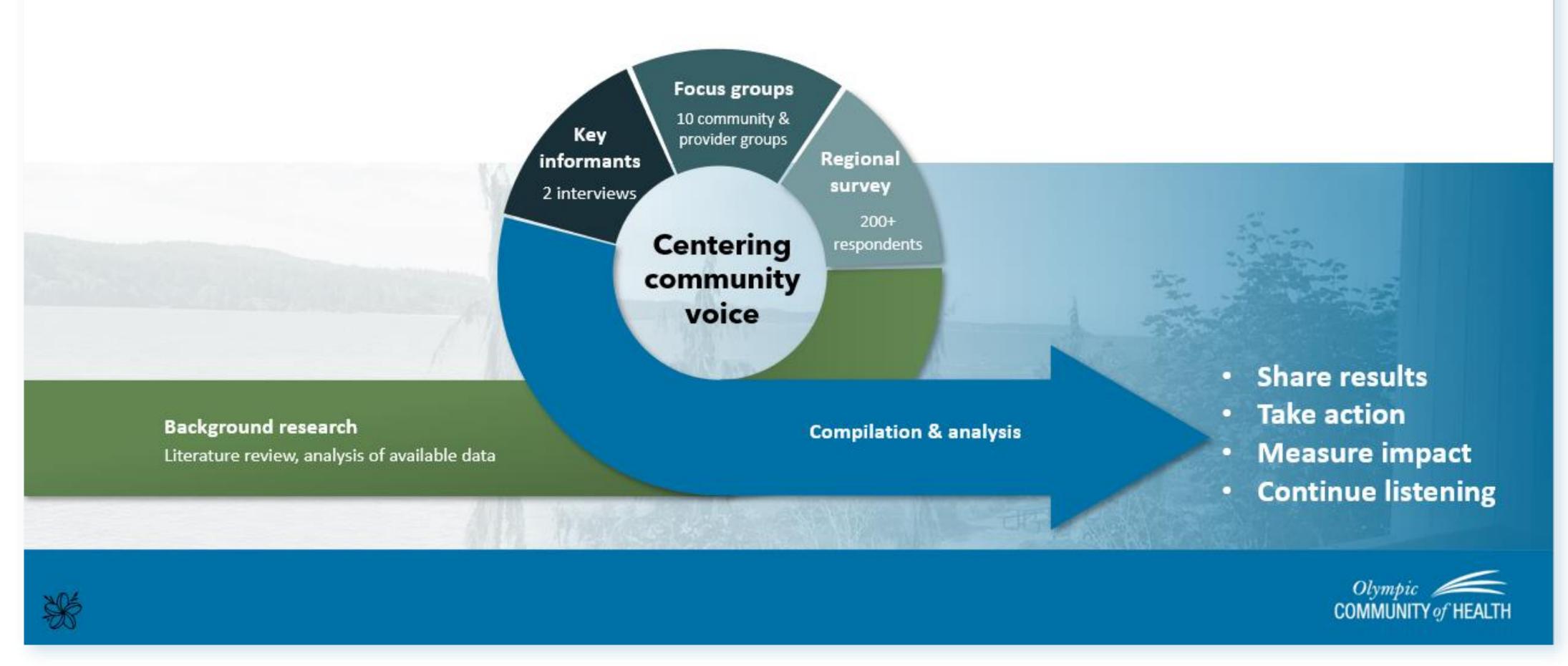
Cambia Health Solutions for the funding to address this important topic Collaborative Consulting for their role in compiling and supporting the research Regional partners who contributed time and energy to informing this presentation







## Centering community voice to foster a Recovery Friendly Olympic Region





#### DRIVING FORCES

lack of knowledge

lack of experience

media portrayal

barriers to treatment

criminalization of drug use

racism

## What contributes to and perpetuates stigma?

#### STIGMATIZATION



labeling
stereotypes
separation "us vs them"

status loss/ discrimination

power

#### TYPES OF STIGMA



#### **IMPACTS**

social and health disparities

barriers to effective treatment

intersecting stigmas increase the likelihood of negative consequences





### How does stigma impact communities?

"Their value as human beings are diminished and their talents and role in the community is often overlooked because their substance abuse issues are in the forefront."



Addiction seen as a

choice

Lost

humanity







Assumed character flaws



Resistance to







Self-stigma treatment services







#### Adults

% of population with identified substance use disorder (SUD) in the past year (2016-2018)

WASHINGTON

8.70%

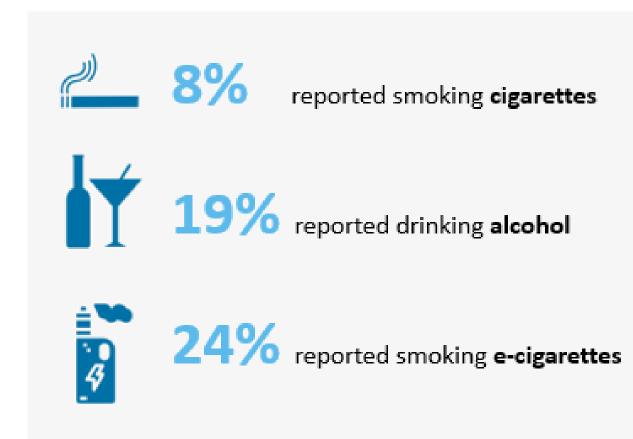


8.99% 14.30%

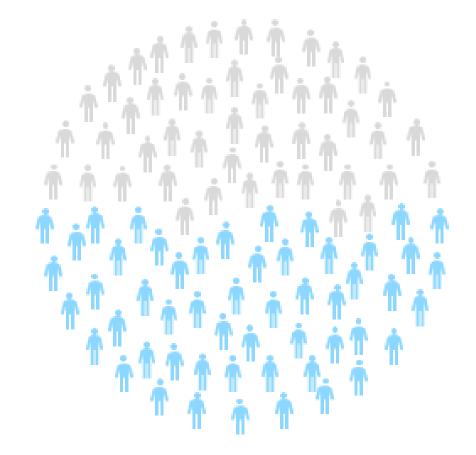
MEDICAID POPULATION

#### Youth

10th graders across the Olympic region reported using the following in the past 30 days (2018):



reported using painkillers



In the Olympic region, approximately

1 in 2 adults2 in 5 youth

on Medicaid received the SUD treatment they needed



Sources:

Substance Abuse and Mental Health Services Administration Washington State Department of Health Olympic Community of Health







of respondents believe stigma is a problem in the Olympic region Common themes from those who do not think stigma is a problem and/or should not be focused on:

A focus on **stigma enables** individuals with substance addiction

The problem is not stigma but **addiction** and its impacts on the community

Stigma is justified and people should be judged based on actions

Would rather focus on more prevalent issues (mental health, housing, substance treatment and prevention)







#### Perceived stigma of substance addiction Survey respondents believe... employers will pass over them in favor of most people another think less of qualified them applicant most people would accept them as a most people teacher of believe they children are as trustworthy as other community members 19% Olympic \_\_\_\_ COMMUNITY of HEALTH



## Provider stigma

Ways provider stigma manifests in the health and social care delivery fields



**Lower empathy** and engagement towards people with addiction



People with addiction treated with suspicion and judgement



Provider **reluctance** and reduced competency to manage addiction



Denial of care and barriers accessing care







#### Rejection

Patients come in with a lot of guilt, a lot of remorse ...And often what you'll hear is they've been rejected so often by the health care system, by other providers, by their family, by their friends, by their employers, that just to come through the door and ask for help is huge.

#### De-humanized

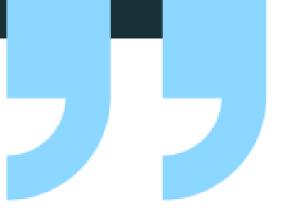
Their value as human beings are diminished and their talents and role in the community is often overlooked because their substance abuse issues are in the forefront.



#### Judgement

A client shared with me that a provider told them "yes, I could do this surgery for you, but then you would just keep using so what would be the point."















What surprises you?



Where do you see examples of stigma in your community?



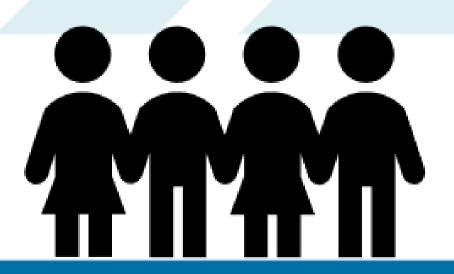
What are you curious about?







FOSTER A
RECOVERY FRIENDLY
REGION











# ADDRESSING DETERMINANTS OF HEALTH





Prioritize innovative solutions



Strengthen partnerships



Sustainable **funding** 



Housing | Transportation | Education | Environment | Employment







Address the need for additional withdrawal management and stabilization services in the Olympic region and across the state.

## WITHDRAWAL MANAGEMENT

Kitsap County	Kitsap Recovery Center	6 male & 3 female beds
Kitsap County	Olalla Recovery Centers	2 male & 1 female beds
Jefferson County	N/A	0 beds
Clallam County	N/A - Specialty Services closed their	0 beds

Residential withdrawal management facilities currently operating in the Olympic region













improve access to treatment

support healthserving workforce

> reduce stigma



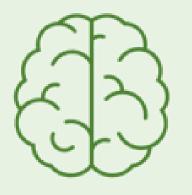




Training for health, social service, and law enforcement providers

### TRAININGS











traumainformed care

harm reduction

bias

history and context of the community







## Where do we go from here?

## POSITIVE YOUTH DEVELOPMENT



solutions

upstream An upstream solution creatively addresses a problem at its source.

Young people are assets to be cultivated, not problems to be fixed



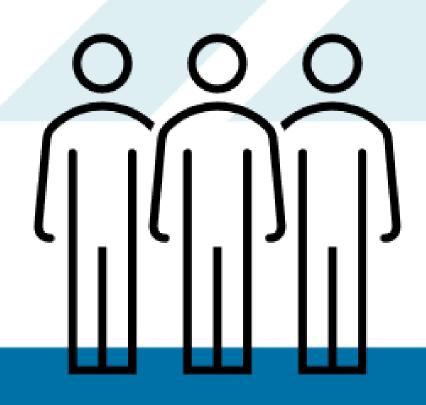






## Where do we go from here?

# PEER SERVICES AND SUPPORTS





workforce opportunities for people with lived experience expand recovery

recovery

















Where do you see the greatest opportunity for **this group** to get involved?

## Discussion



What **changes** would you like to see in your community?



What commitments can **you** make?







## The path forward.



#### Fostering a RECOVERY FRIENDLY Olympic region

Name

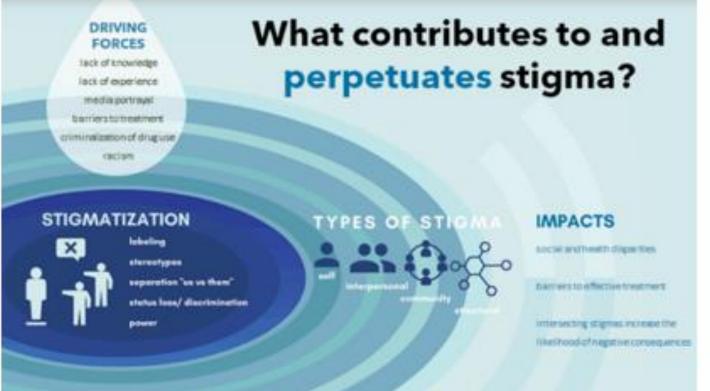
#### Stay connected

- Add me to your weekly newsletter distribution list
- I'd like to learn more about participating on a workgroup in 2022 to support next steps
- I'd like someone from the OCH team to make a presentation about stigma of substance use disorder at my group or workplace (if yes, someone from OCH will contact you to discuss next steps)

#### My commitments

Please describe 1-2 actions you'll commt to taking to support a recovery friendly Olympic region

Submit



#### How can you help?



#### Share how you are contributing to a

Recovery Friendly Olympic Region

- · Post on social media with #RecoveryFriendly
- Email OCH@olympicch.org
- · Go to olympicch.org/stigma











# Stay connected #RecoveryFriendly

Talk about addiction with your kids



Practice person-first language



Host a training for your staff/team



Make a new community partnership



Host a discussion



# Let us know how you are tackling stigma!

- Post on social media with #RecoveryFriendly
- Email
   OCH@olympicch.org
- Go to olympicch.org/stigma











## Resources

Resource	Link
Full presentation slide deck	t.ly/t9H7
Olympic Region Behavioral Health Report	tinyurl.com/44k5kbd2
Determinants of Health Report	olympicch.org/sdoh-report
Determinants of Health Inventory	olympicch.org/localdeterminantsofhealth
OCH and Collaborative Consulting Stigma Reports	<ul> <li>olympicch.org/partner-resources</li> <li>(under category "stigma of substance addiction)</li> <li>• Models research</li> <li>• Current state desk research</li> <li>• Context from the background research</li> <li>• Perceived stigma scale results</li> <li>• Stigma background research</li> <li>• Strengths and ideas to reduce stigma</li> </ul>
Department of Health Behavioral Health Impact Situation Reports	tinyurl.com/nj6zd96k







#### Citations

- Substance Abuse and Mental Health Services Administration. (2020). 2016-2018 National Survey on Drug Use and Health Substate Age Group Tables. <a href="https://www.samhsa.gov/data/report/2016-2018-substate-estimates-substance-use-and-mental-illness">https://www.samhsa.gov/data/report/2016-2018-substate-estimates-substance-use-and-mental-illness</a>
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- 8. Acevedo, A., Panas, L., Garnick, D., Acevedo-Garcia, D., Miles, J., Ritter, G., & Campbell, K. (2018). Disparities in the Treatment of Substance Use Disorders: Does Where You Live Matter?. The journal of behavioral health services & research, 45(4), 533–549.
- Olympic Community of health. (2020, March 23). Challenges Faced Amidst a Pandemic. <a href="https://www.olympicch.org/post/challenges-faced-amidst-a-pandemic">https://www.olympicch.org/post/challenges-faced-amidst-a-pandemic</a>





W W W . B E H E A L T H Y J E F F E R S O N . C O M



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### BHC News

Ongoing Focus and Updates



## Current Focus - Quick Notes

Integrating New Leadership, <u>HB1310</u> and <u>SB5476</u> Challenges, New Navigator Program, funding pursuits, etc.

- Next BH Summit set for January 19, 2022, 1:30-3pm BH Summit Team Page, 10/27/2021 BH Summit Meeting Notes
- Board/Committee/Taskforce Meetings Attended:
   SBH-ASO Exec Board; OCH Board; JeffCO Board of Health; OCH Treatment
   Workgroup; EJFR Commissioner's Meeting; BHAC; South County Harm
   Reduction; Affordable Housing Taskforce.
- Ongoing efforts to incorporate Harm Reduction for South County
- Exploring if the HRSA RHNDP-P Grant could fund a Strategic Plan
   Development process for Therapeutic Courts?
- Sequim's <u>Jamestown Healing Clinic</u> due to open in Spring. How can we prepare for impacts to Jefferson County?
- Tracking upcoming funding for various programs: Youth Navigator, Peer
   Pathway for Jail Transition; Co-responder; explore options to fund in-school
   BH counseling as part of the BHC's prevention effort.
- Potential HCA funding being pursued for Recovery Café service expansion
- Procure approval from BHC members to fund Pfeiffer House \$47K for period 01/2022 through 8/2023.





## Data Focus Areas for Sept '21 - Feb '22

- Integrate evolving players in data collection standardization and strategy
- Quantify impacts of folks moving from the Fairgrounds (City) to Mill Street Property (County)
- Celebrate improvements: Consistency between City and County data collection report build on that with the addition of Recovery Navigator program
- Use the longer term set of consistent data to identify trends (ex: HB1310/SB 5467 impacts, others?)
- Gather "totals" data for EMS, law enforcement and Jail data by month for ?last 36 months?
- Referral issues how can we improve/measure success?
- Drill down on COVID impacts.
- Explore having EMS track co-morbidities for a month?
- Explore how to procure data from the broader Jefferson County Fire and Rescue teams to gain a more accurate picture of East-Jefferson-wide
   Behavioral Health encounters and service connection.





## **Current: Drug Take Back Day**

Three Locations occurred throughout the County

Quilcene Fire Station: 21 lbs

Port Hadlock QFC: 63 lbs

Port Townsend Safeway: 91 lbs

Total Drug Take Back: 175 lbs





## **Prevention Update**

 The BHC's Empowered Teens Coalition has asked community members to participate in a 7 minute survey that gauges adult perceptions of youth alcohol and marijuana misuse. WA and Jefferson County's community use this data to understand community needs, gaps in perceptions, and to determine programming for next year.

# Have a moment? W W Please take our survey!

Survey of Adult
Perspectives of
Adolescent Substance
Use in Jefferson County





QR Code for the link to the survey for Zipcode 98368



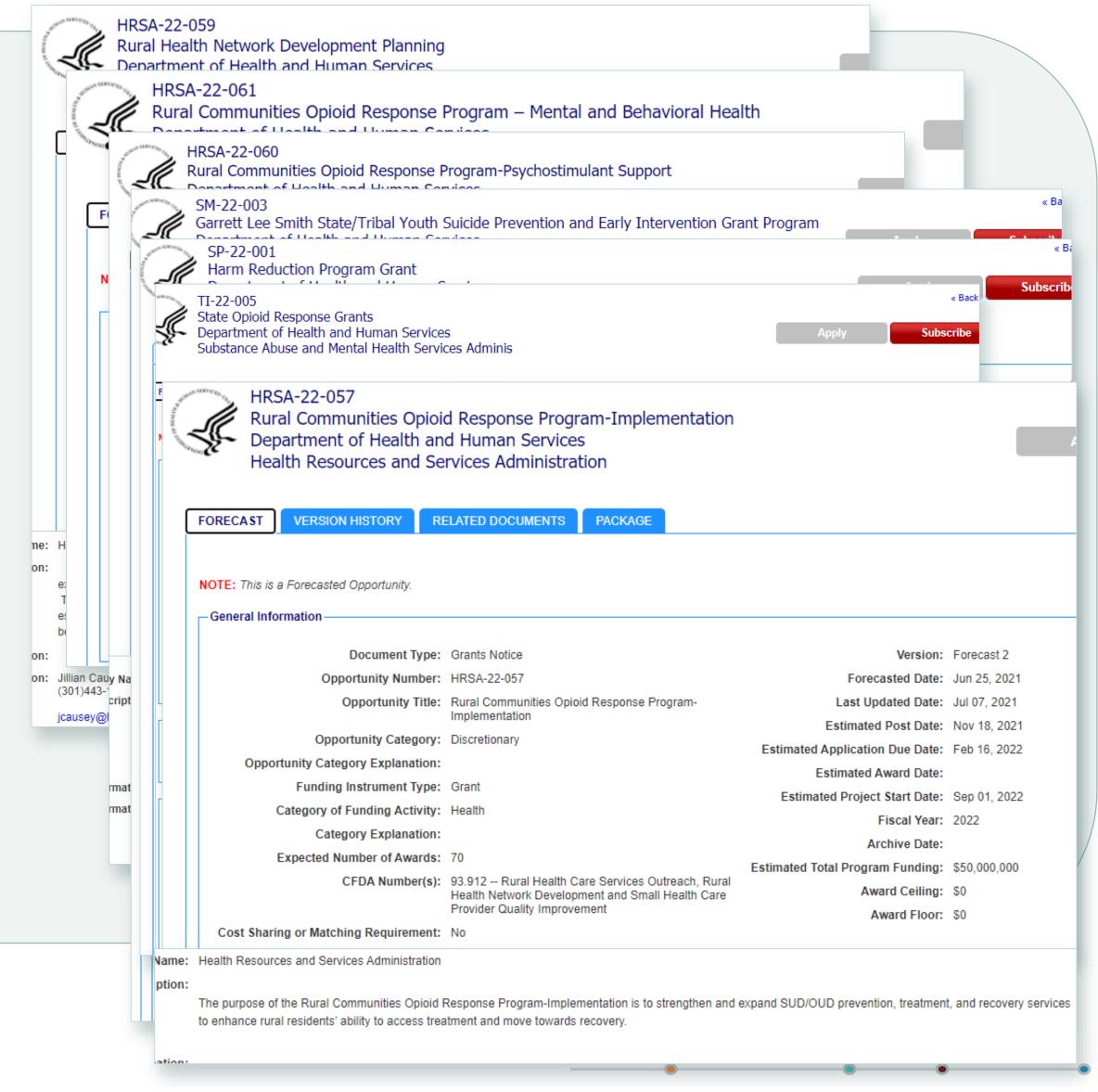
QR Code for the link to the survey for Zipcodes 98339, 98325, 98365, 98320, 98358, or 98376





## Potential Funding Opportunities

- HRSA-22-059 RHNDP \$100k
   Post: 10/29/21, Due: 1/28/22, Start: 7/1/22
- HRSA 22-061 RCORP OU/MH/BH \$520k
   Post: 12/17/21, Due: 3/18/22, Start 9/1/2022
- HRSA 22-060 RCORP-PsychoStim \$520k
   Post 1/12/22, Due: 4/13/22, Start: 9/1/22
- SAHMSA SM-22-003 Youth Suicide/Early Prevention; \$733,333.33 Post 12/30/21; due: Unknown; Start: Unknown
- SAHMSA SP-22-001 Harm Reduct Program Suicide/Early Prevention; \$400,000 Post 11/30/21; due: Unknown; Start: Unknown
- SAMHSA TI-22-005 State Opioid Response-Regional; ?\$23,666,666? Post 2/15/22; due: Unknown; Start: Unknown.
- HRSA-23-057 RCORP-I \$714,285.00
   Post: 11/18/22, Due: 2/16/23, Start: 9/1/23





## **Upcoming Meetings**

- Weekly Tuesdays and Thursdays BH Therapeutic Court and Therapeutic Drug Court respectively
- 12/09 BHC Meeting
- 12/10 SBH-ASO Exec Board Meeting
- 12/10 Youth and Families Collaborators
- 12/10-17 Lori on Vacation
- 12/16 Jefferson County Board of Health Meeting
- 12/21 South County Harm Reduction Meeting

- 01/04 Behavioral Health Advisory Committee
- 01/04 BHC Social Media Strategy
- 01/06 RCORP-I Coaching Meeting
- 01/10 OCH Board Meeting
- 01/12 Affordable Housing Taskforce





## Next BHC Meeting

Thursday, January 13<sup>th</sup>, 2022

@3pm





### **Acronym Sheet**

**BH** – Behavioral Health

**BHC** – Behavioral Health Consortium

**CHA** – Community Health Assessment

**CHIP** – Community Health Improvement Plan

**DCR** – Designated Crisis Responder

**DUI** – Driving Under the Influence

**ED** – Emergency Department

**EJFR** – East Jefferson Fire Rescue

**EMS** – Emergency Medical Services

JCPH – Jefferson County Public Health

JeffCo – Jefferson County

JHC – Jefferson Healthcare

**HFPD** – Health Facilities Planning and

**Development Consultants** 

HRSA – Health Resources and Services

**Administration** 

**ITA** – Involuntary Treatment Assessment

MAT – Medically Assisted Treatment

MH – Mental Health

**OUD** – Opioid Use Disorder

PTPD – Port Townsend Police Department

**RHNDP-P** – Rural Health Network Development

**Program – Planning (HRSA Grant Awarded 2018-2019)** 

RCORP-P – Rural Community Opioid Response Program

- Planning (HRSA Grant Awarded 2019-2020)

RCORP-I – Rural Community Opioid Response Program

- Implementation (HRSA Grant Awarded 2020-2023)

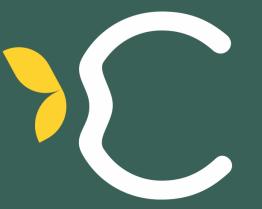
**SUD** – Substance Use Disorder

**TBH** – To Be Hired

**VOA** – Volunteers of America – Crisis Line

**Vol - Voluntary** 

**Invol** – **Involuntary** 



## Thank You