



BHC Meeting

December 8, 2022, 3pm

Jefferson County's Behavioral Health Consortium (BHC) is funded by
HRSA's RCORP-Implementation Grant through August 2023



Agenda – 12/08/22 BHC Meeting

- Introductions & Updates – 15 Minutes
- Funding Request Presentations & Q/A – 15 Minutes [Feedback / Question Link](#)
 - BHC's Harm & Stigma Reduction Effort – Additional Engagement/Education
 - EJFR CARES program
- Group Discussion re: Funding Requests
- Say More... [Feedback Link](#)
- Peer Support Connection Opportunity
- Next Meeting: January 12, @3pm – Zoom



Funding Request: Education & Engagement

Engage Anya Callahan of USAWA to:

- Build foundational understanding of prevention strategies and work with the community to bring a Harm Reduction Vending Machine to the Brinnon Community Center.
- Expand access to overdose prevention education, reduce stigma related to substance use, increase naloxone access and training, and grow understanding of related community needs in South County.
- Add 4 more Community Training/Education events to those already scheduled
- Collaborate with JCPH to execute zoom trainings. Develop a co-hosted set of videos on services available; how to use Narcan; articulate FAQs
- Execute direct outreach to the insecurely-housed
- Addresses core activities P1, 2, 4, 5; T4,5,7; P2, P3



Required Core Grant Activities

Prevention	Treatment	Recovery
<p>P.1 Linguistic / Cultural Efforts to Reduce Stigma</p> <p>P.2 Increase Naloxone Access and Training</p> <p>P.3 Support Drug Take Back Programs</p> <p>P.4 Support School and Community Prevention Programs</p> <p>P.5 Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support</p>	<p>T.1 Screen/Provide/Refer Patients with infectious implications</p> <p>T.2 Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers</p> <p>T.3 Increase # of providers and social service professionals who treat/identify SUD/OD through professional development and recruiting incentives</p> <p>T.4 Reduce Treatment Barriers</p> <p>T.5 Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support</p> <p>T.6 Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability</p> <p>T.7 Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community-based services and social supports</p>	<p>P.1 Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability</p> <p>P.2 Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community-based services and social supports</p> <p>P.3 Support development of recovery communities, recovery coaches, and recovery community organizations to expand the availability of and access to recovery support services</p>

Purpose	Requested Funding
- Expand Education and Engagement Service	\$ 25,000

[Feedback / Questions Link](#)



Funding Request: EJFR CARES Program

- Funding request to underwrite 2 months of CARES Program prior to 8/2023.
- Addresses Grant's Core Activities P2, 5; T1,5,7; P3

Purpose	Requested Funding
<ul style="list-style-type: none"> - 1 FTE - FIRE/EMS person - 1 FTE - SUDP - 1 FTE - Social Worker 	\$ 46,000



Required Core Grant Activities

Prevention

- P.1 Linguistic / Cultural Efforts to Reduce Stigma
- P.2 Increase Naloxone Access and Training
- P.3 Support Drug Take Back Programs
- P.4 Support School and Community Prevention Programs
- P.5 Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support

Treatment

- T.1 Screen/Provide/Refer Patients with infectious implications
- T.2 Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers
- T.3 Increase # of providers and social service professionals who treat/identify SUD/OD through professional development and recruiting incentives
- T.4 Reduce Treatment Barriers
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- T.7 Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community based services and social supports

Recovery

- P.1 Train Providers and Admin staff to optimize reimbursement for treatment through proper coding/billing across insurances to ensure service provider sustainability
- P.2 Enable individuals, family and caregivers to find, access and navigate treatment for SUD/OD as well as home and community-based services and social supports
- P.3 Support development of recovery communities, recovery coaches, and recovery community organizations to expand the availability of and access to recovery support services

[Feedback / Questions Link](#)



Funding Request Cont'd: EJFR CARES Program

- Braiding funding pools

[Read Article Here](#)

EJFR to expand ability to help

City-hosted grant adds 'tools to toolbox'

By Leah Leach

Saturday, December 3, 2022 1:30am | NEWS | JEFFERSON COUNTY



PORT TOWNSEND – When people don't know who to call, they often call the fire department.

And although fire department personnel are committed to offering any assistance they can, a large volume of calls dealing with lifestyle, engineering or social service needs can strain the resources of agencies created to fight fires and provide emergency medical care.

So East Jefferson Fire Rescue welcomes a \$217,300 grant that will fund EJFR CARES.

1/10th of 1% VENDORS-FUNDING REQUEST -2023-2024							
VENDOR- NAME	2023 FUNDING REQ	2024 FUNDING REQ	TOTAL REQUEST	FUNDING RECEIVED In 2021/2022	FUNDING DIFFERENCE Between 2021/2022 And 2023/2024	2023 FUNDING REC	2024 FUNDING REC
1. DBH-Transitional Housing	\$ 19,400.00	\$ 19,400.00	\$ 38,800.00	\$ 36,000.00	\$ 2,800.00	\$ 19,400.00	\$ 19,400.00
2. Gateway to Freedom/BIR- JAIL/Inmate Services	\$ 36,839.00	\$ 36,839.00	\$ 73,678.00	\$ 71,485.00	\$ 2,393.00	\$ 35,742.50	\$ 35,742.50
3. Gateway to Freedom/BIR- Mobile Unit	\$ 43,472.00	\$ 43,472.00	\$ 86,944.00	N/A	\$ 86,944.00	\$ 43,472.00	\$ 43,472.00
4. Gateway to Freedom/BIR-FIRE Cares	\$ 275,000.00	\$ 275,000.00	\$ 550,000.00	N/A	\$ 550,000.00	\$ 50,000.00	\$ 50,000.00
5. JC Juvenile & Family Court- FFT -Intervention	\$ 10,000.00	\$ 10,000.00	\$ 20,000.00	\$ 25,690.00	\$ (5,690.00)	\$ 10,000.00	\$ 10,000.00

[Feedback / Questions Link](#)



C Community

A Assistance

R Referral

E Education

S Services



CARES

What is CARES?

EJFR CARES is also designed to be *proactive*, not just reactive. Fire based programs like EJFR CARES focus on the needs of people who have underlying behavioral health and/or medical and/or lifestyle issues (*but without a need for police intervention*).

Objectives:

- (1) improve the standard of care for individuals in behavioral health crisis reducing recidivism, promoting non-hospital alternatives to individuals with behavioral health needs.
- (2) ensuring overlapping issues are addressed and appropriately referred.
- (3) prevent crisis by addressing underlying behavioral/medical/social needs that—when unmet—lead to the use of 911 and emergent situations.

Jefferson County's population is also one of the eldest in the State, resulting in variable and often overlapping needs of an aging population.

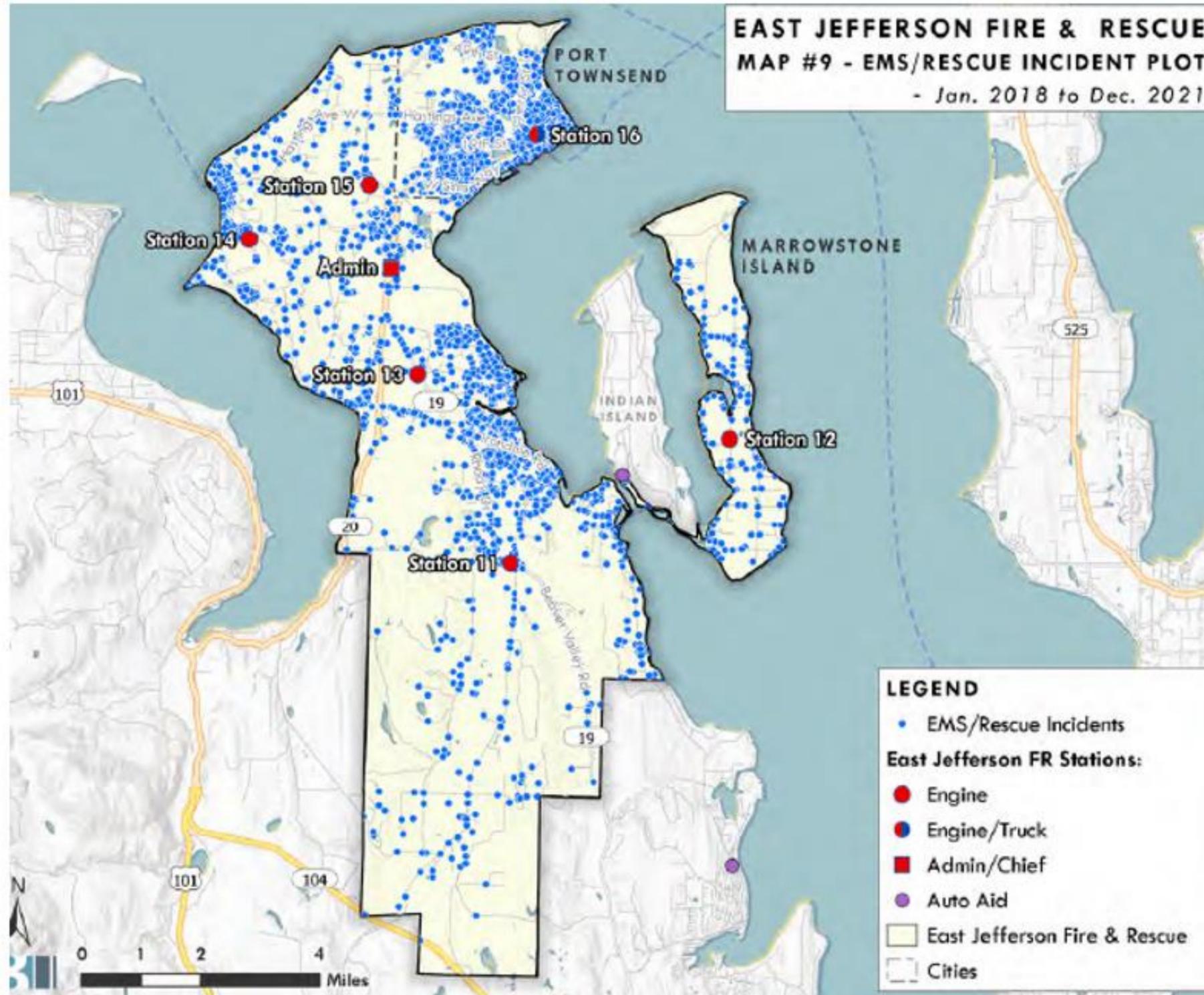


CARES

The Goal of CARES is to connect and reinforce appropriate services and care, while reducing the impact to Emergency Services.

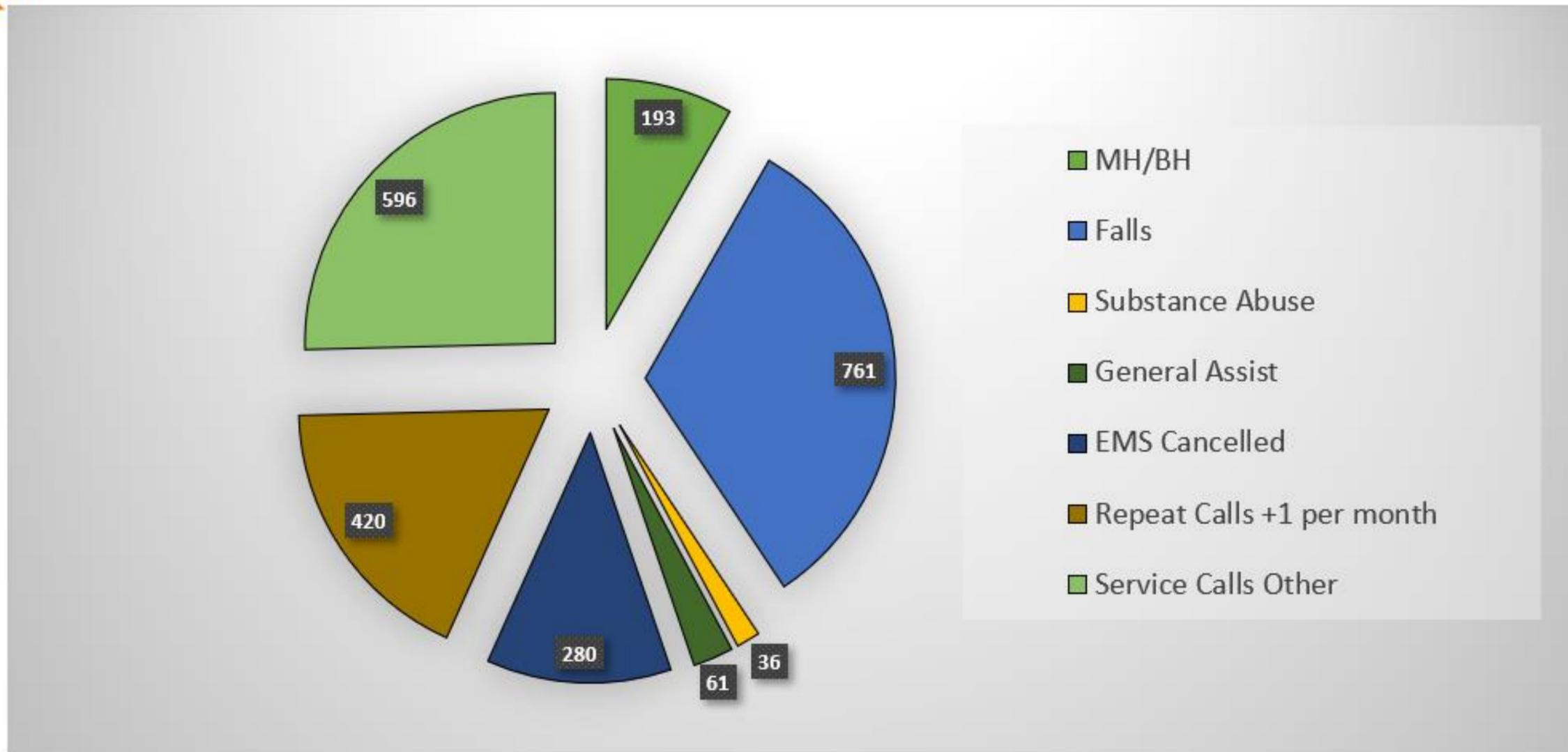
Members of our underserved community find it challenging to access variable resources. CARES helps establish the first step and ensures individuals stay on the right path.

Provides connections for those challenged with “Lifestyle Management”.



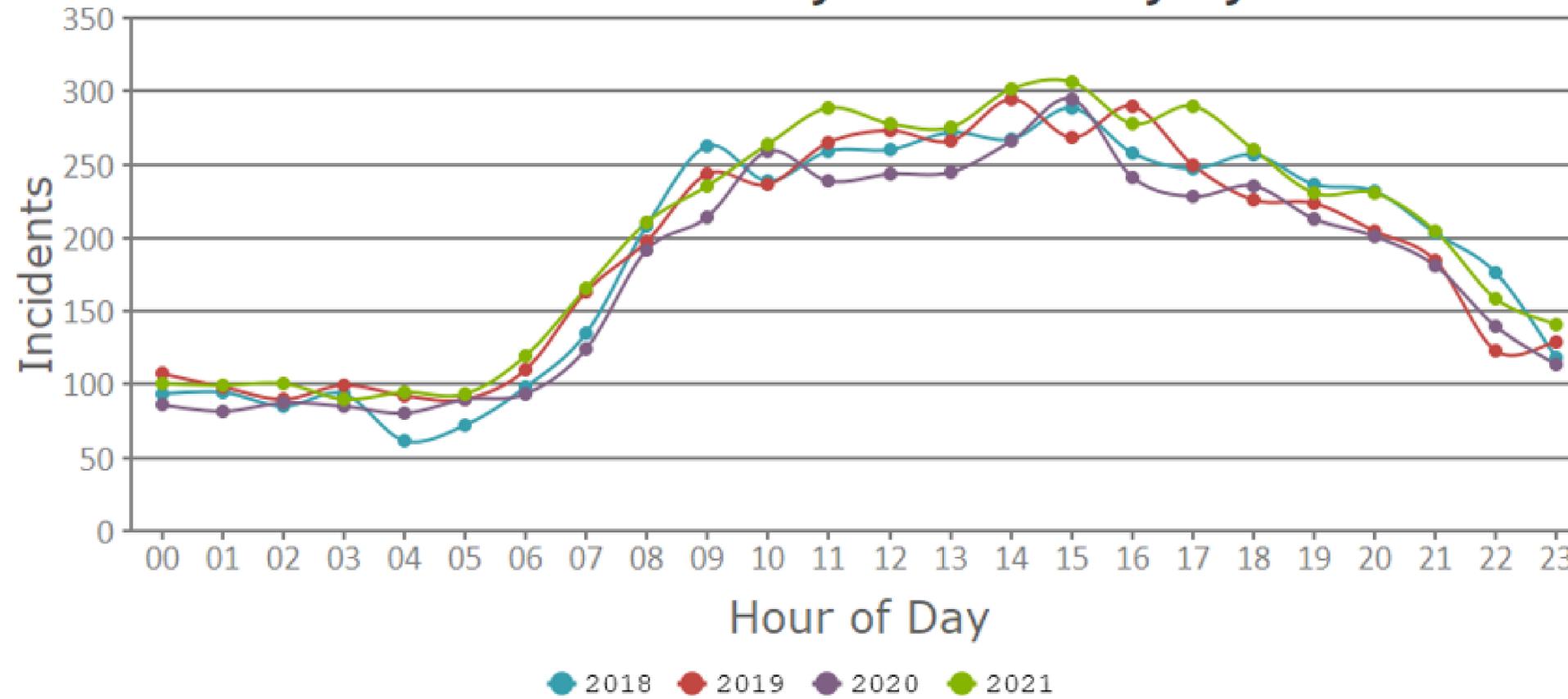


Targeted Impact





Number of Incidents by Hour of Day by Year



Kimberly Hendrickson

Housing, Health and Human Services Director, City of Poulsbo

Chair, Washington State Co-Responder Outreach Alliance (CROA)

Alternative Response Team Grant

September 21, 2022



What costs are covered by the grant?

- Administrative
- City Staffing
- Supplies & Equipment
- Transportation
- Contracted Services
- Professional Services
- Other





Who else is doing CARES?

The Association of Washington Cities (AWC) awarded the funds allocated from the Washington State Legislature and the Washington State Health Care Authority (HCA). AWC received 20 applications requesting more than \$4 million.

After a review process, AWC and HCA elected to fully fund eight programs and provide partial funding to six programs.

Anacortes	\$40,040*
Bellingham	\$62,968.70*
Covington	\$30,000
Everett	\$183,000*
Bothell, Kenmore, Kirkland, Lake Forest Park, & Shoreline	\$70,500*
Monroe & Sultan	\$200,000
Moses Lake	\$108,688.55*
Port Angeles	\$235,200*
Port Townsend	\$217,300
Poulsbo	\$190,500
Puyallup	\$270,641
Ridgefield	\$59,178.75
Shelton	\$175,000
Tukwila	\$92,083



Who else is doing CARES?

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<https://pugetsoundfire.org/fdcares/>

<https://www.cityoftacoma.org/cms/one.aspx?pageId=8021>

<https://cityofpoulsbo.com/poulsbo-fire-cares/>



CARES

EJFR CARES will collaborate with a variety of agency partners with consideration to workload and specific care needed. CARES will work with partners such as food pantries, shelters, DCR, REAL Team, Navigators (County and City), counseling services, etc.

The CARES Believe in Recovery co-responder has the ability to intervene for substance abuse issues but there may be overlapping modalities that would be better resolved with a referral to another partner or a shared approach.

This topic will be specifically covered in the training with PFD and clarified in the policy development.



CARES

What training is involved?

The CARES Specialist will be assigned to Poulsbo Fire CARES beginning January 2 for two weeks. Focus will be on procedures, best practices, reports and documentation.



CARES

What is the daily routine for CARES?

1. Start the shift with co-responder prioritizing referrals which will come from Fire, Jeffcom, Law, partner agencies. Intermix with ongoing cases (check-ins).
2. Establish the day's schedule and check-in with BC.
3. Be prepared to adapt the schedule as needed for incident response.
4. Come back to CARES office at the end of the day for documentation and follow up.



Feedback: Milestones and Post Grant Vision



Go to [this link](#)
to provide feedback

What Do You Think?

- **What about your participation in the BHC has made you Mad, Sad, or Glad?**
- **What about the BHC do you see as Valuable? What's working?**
- **What needs to be improved and how should we improve it?**
- **What would you like to see the BHC accomplish in our grant's final year to maximize the BHC's impact on improving access to behavioral health in Jefferson County?**
- **What would you like the Jefferson County BHC to be and/or do, once our current grant is completed in August 2023?**



Say More...



Go to [this link](#)
to provide feedback

Questions we want to explore

- **What does the BHC Table need from each agency/organization?**
- **What updates are needed between our Monthly Meetings?**
- **What are some ideas to support more mental health supports in? remote communities**
- **One thing that will support easing the competition that distracts from collaboration and productive partnership?**



Peer Support

JBS International, the group that provides Technical Assistance provides a “Peer Hour” that occurs four times monthly. If you have peers working that would like to connect with other peers for support and camaraderie, please directly email Donald McDonald at JBS for the schedule:

DMcDonald@jbsinternational.com

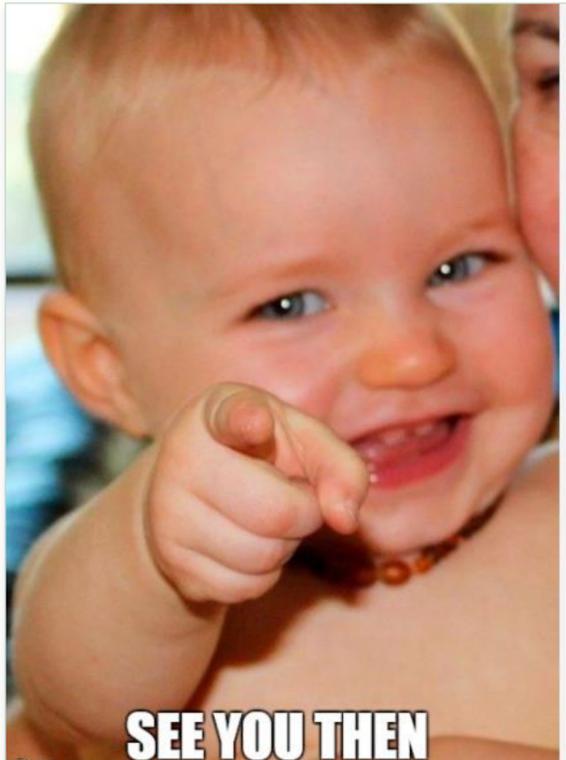
Those reaching out should indicate they are connected to:

Jefferson County, WA

HRSA RCORP-Implementation 2 - Grant # GA1RH39564



Next BHC Meeting



Thursday

January 12th, 2023

@3pm on Zoom



Acronym Sheet

BH – Behavioral Health

BHC – Behavioral Health Consortium

CAP – Communication Action Plan

CHA – Community Health Assessment

CHIP – Community Health Improvement Plan

DCR – Designated Crisis Responder

DUI – Driving Under the Influence

ED – Emergency Department

EJFR – East Jefferson Fire Rescue

EMS – Emergency Medical Services

JCPH – Jefferson County Public Health

JeffCo – Jefferson County

JHC – Jefferson Healthcare

HFPD – Health Facilities Planning & Development Consultants

HRSA – Health Resources and Services Administration

ITA – Involuntary Treatment Assessment

MAT – Medically Assisted Treatment

MH – Mental Health

MOUD – Medications for Opioid Use Disorder

OUD – Opioid Use Disorder

PTPD – Port Townsend Police Department

PWUD – People Who Use Drugs

RHNDP-P – Rural Health Network Development Program – Planning (HRSA Grant Awarded 2018-2019)

RCORP-P – Rural Community Opioid Response Program – Planning (HRSA Grant Awarded 2019-2020)

RCORP-I – Rural Community Opioid Response Program – Implementation (HRSA Grant Awarded 2020-2023)

R.E.A.L. – Recovery, Empowerment, Advocacy, Linkage

SUD – Substance Use Disorder

TBH – To Be Hired

VOA – Volunteers of America – Crisis Line

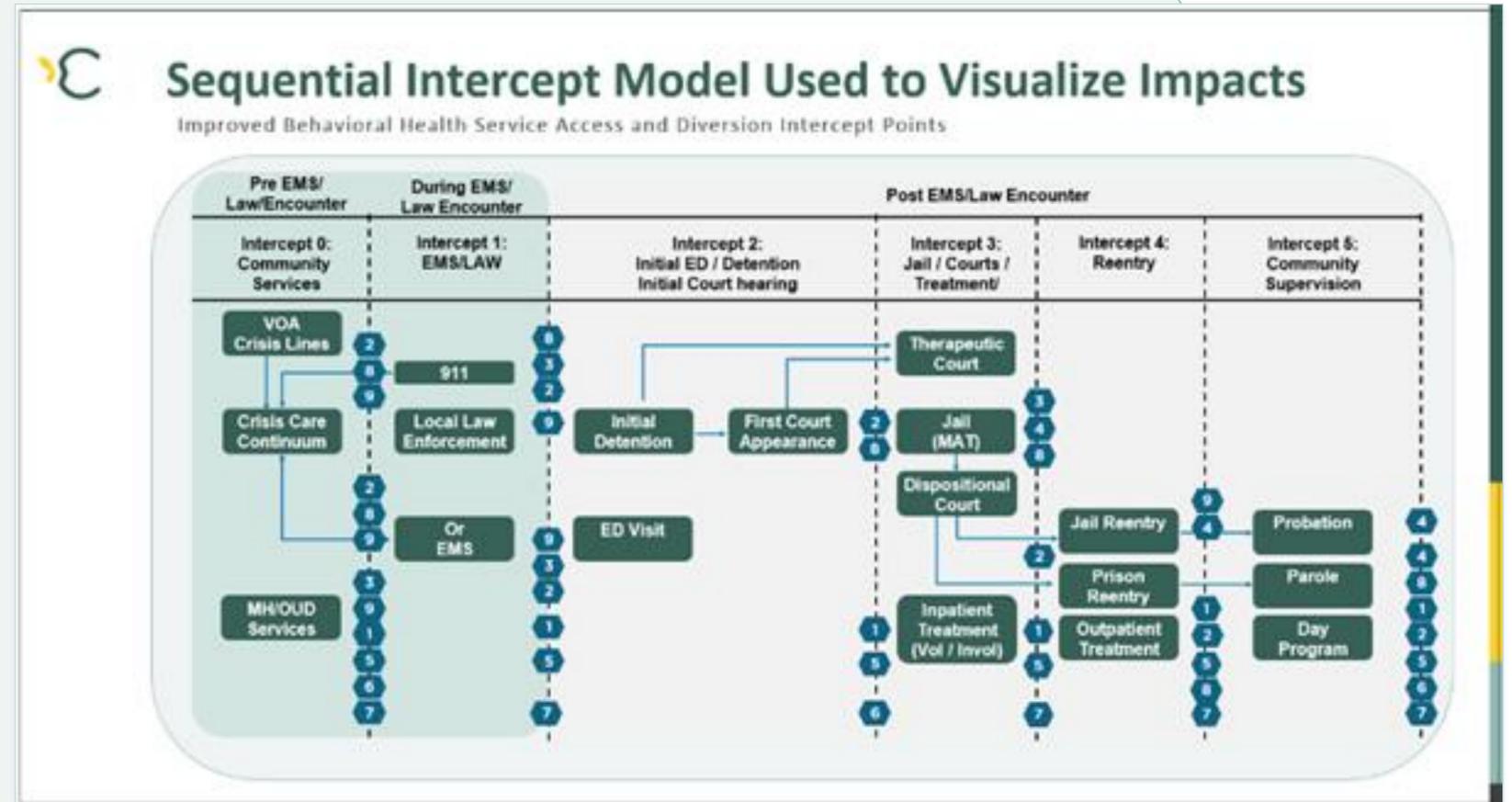
Vol - Voluntary

Invol – Involuntary



BHC Projects Update - November 2022

- ✓ 1. Increase Integration of Behavioral Health Therapy Provider and MAT Prescription
- ✓ 2. Gather/Analyze collective Data to provide baseline and feedback to measures implemented
- ✓ 3. Develop/maintain [online](#)/printed Resource Directory
- ✓ 4. Improve Jail-to-Community service connection
- ✓ 5. Fund Recovery Café for peer network development and recovery/prevention environment
- ✓ 6. Extend Harm Reduction Program Services into South County
- ✓ 7. Execute communication/education/integration efforts to address regional stigma
- ✓ 8. Coordinate and optimize navigator and care coordination services
- ✓ 9. Initiate collective case management for high utilizers of law enforcement/Hospital/EMS services





RCORP-I Program Funding Allocation

PROGRAM	FUNDED
	09/01/2020 - 08/2023
RECOVERY CAFÉ / DOVE HOUSE	\$155,076.72
OWL 360 - PFEIFFER HOUSE / NEST	\$102,000.00
HFPD - DATA ANALYSIS & STRATEGY	\$ 33,940.00
ANYA CALLAHAN COMM/EDUCATION/ENGAGEMENT	\$ 20,445.00
COMMUNICATIONS WEBSITE TECH/GRAPHICS	\$ 22,000.00
SCHOOL BASED HEALTH CENTER (SBHC) YOUTH SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT (YSBIRT)	\$ 6,000.00
SOUTH COUNTY HARM REDUCTION VENDING MACHINE PURCHASE AND INSTALLATION	\$ 25,000.00
TOTAL ALLOCATED TO DATE	\$364,461.72



Required Core Grant Activities



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Recovery

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